Subject to change if national regulations change. Current travel restrictions are in place until 13.3.2022.

Who is this Playbook for?
Athletes & Team Officials & NOC guests participating in EYOF 2022 Vuokatti
Stronger Together – INTRODUCTION

This version of the Playbook is updated 22nd Feb, one month until EYOF on March 2022 in Vuokatti, Finland. The Playbook is the basis of our event plan to ensure safe EYOF event in March for all the people gathering that time.

This Playbook has been prepared in accordance with current requirements in the Covid-19 regulations and accompanying recommendations and guidelines on infection control given by Finnish Institute for health and welfare and regional health authorities. Playbook sets out the responsibilities of athletes, team officials, guests and volunteers, and should be considered alongside wider information received from your National Olympic Committee (NOC).

The success of the EYOF depends on that every one of us is taking responsibility for following the Playbook at all times – Starting now.

Make sure you read this Playbook carefully and understand how it applies to you – including screening testing, hygiene, mask wearing and physical distancing measures.

Covid-19 Liaison Officer (CLO):

Every nation should appoint one COVID-19 Liaison Officer (CLO) who is the link between EYOF organisation’s COVID-19 group and their participants in EYOF event. Teams send their COVID-19 Liaison Officer’s contact information (name, phone number, e-mail address) to the event’s Covid-19 Liaison Office (covid@eyof2022.fi) by 3.3.2022.

Your CLO will be providing you with ongoing support. Ask them if you have any questions or concerns. Nation’s CLO will introduce themselves to you as they will be responsible for helping you complete all the necessary documentation before you travel to Finland. Your CLO will be in contact with you using your organisation’s standard communication channels; ask them if you have any questions or concerns about the Playbook. Your CLO is responsible for ensuring that you understand the contents of and the importance of complying with this Playbook. The CLOs will be provided with detailed guidance and further information for their role and will work alongside the EYOF Covid-19 Liaison Office.

CLO is requested to be on-site in Finland for the full duration of your delegation’s stay.

We know that overcoming the continued challenges will require flexibility and commitment to follow the measures outlined in the Playbook. We want to thank you sincerely for your resilience and solidarity as you continue to live the values of Excellence, Respect and Friendship. Together we will experience EYOF safety.

When do the rules apply?

As outlined in each section, rules apply in the 14 days before you travel, during your journey, throughout your time in Finland and until your arrival at home – including always wearing a face mask, washing your hands, and using hand sanitiser regularly.

Rules are subject to change

Any changes in the regulations, as well as orders and input from national or regional health authorities, will be continuously included and updated in the document.

Please work with your CLO to keep up to date with the latest information.
Entering Finland

Get acquainted with: https://raja.fi/en/guidelines-for-border-traffic-during-pandemic. For the latest instructions in arriving to Finland!

As part of the border control, the authority checks travel documents, including passports or personal identity documents. The authorities may also check health-related documents, including:

- Vaccination certificates, recovery certificates, or test certificates.

Outside of EU/Schengen area

The following requirements apply to foreigners entering Finland from outside of the EU and Schengen area:

- a certificate of a full approved COVID-19 vaccination series, OR
- a certificate of having had the COVID-19 disease and one approved COVID-19 vaccine, OR
- an EU Digital COVID Certificate for a COVID-19 disease had less than six months ago.

- These requirements apply to those born in or before 2006.

In case you don’t have any of these certificates you have to present at the border a negative Covid-19 test result of less than 72 hours old. Both a PCR or Antigen test is accepted.

EU or Schengen area

There are no entry restrictions when arriving from these countries. Please note that all persons arriving in Finland are still bound by the obligations stated in the Communicable Diseases Act.

Note: EYOF OC requires that before anyone can get an accreditation card a negative covid-19 test result of less than 72 hours old has to be presented upon arrival to Vuokatti. The result of a PCR or an Antigen test is accepted. This applies for persons born 2006 or earlier.

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Principles

The COVID-19 countermeasures described in the Playbook are designed to create a safe EYOF event environment for all EYOF participants. Equally, they offer an additional layer of protection for our hosts, the residents of Finland. You must fully adhere to the Playbook in the 14 days before you travel, throughout your journey and throughout your time in Finland – keeping your interaction with non-EYOF participants to a minimum.

Mask wearing

• Always wear a face mask when you are indoors to protect you and everyone around you. Masks help prevent the spread of COVID-19, as they catch droplets exhaled by an infected person. By wearing a face mask at all times indoors – except when eating, drinking, training, competing or sleeping – you’ll help keep the EYOF event safe for everyone. Make sure you have access to enough masks to last throughout your stay in Finland. Your NOC is responsible for providing you with masks. However, EYOF organisation serve masks when needed.

Minimise physical interaction

• The risks of catching COVID-19 increases in crowded, poorly air-conditioned spaces and when we spend time in proximity to those who are infected with COVID-19. That is why it is important to minimise social interaction and wear a mask.

Test, trace and isolate

• To stop the spread of COVID-19, it is vital to break the chain of human-to-human transmission. That is why it is important to have stricter protocols to identify who has the COVID-19 virus as early as possible, through testing; to understand whom the virus might have been passed to, through contact tracing; and to use isolation and quarantining to stop the virus from spreading further.

Think of hygiene

• COVID-19 can live on everyday surfaces through droplets exhaled by an infected person. If we touch those objects with our hands and then touch our eyes, nose, or mouth, we run the risk of becoming infected. That is why we must not forget the basics of good hygiene – regularly and thoroughly cleaning our hands, disinfecting surfaces, avoiding touching our face, and wearing a face mask inside.

Before you travel

1. Make sure that you have understood the Playbook and the importance of fully complying with the rules contained within. If you have any questions, contact EYOF or CLD well in advance before the EYOF.

2. Support from your CLD before you travel

• Your CLD is responsible for ensuring that you comply with the Playbook
• If you get a positive test result for COVID-19 before your departure, inform your CLD immediately
• If you have any questions or concerns about any of the measures, now is the time to ask!

3. Obtain medical treatment and repatriation insurance (including cover for COVID-19) covering the entire period of your stay in Finland

• For athletes and team officials, EYOF will provide this insurance, only for the period between EYOF pre-opening and closing dates (19.–26.3.2022). Please note that this insurance only covers costs incurred in Finland.
• EYOF organisation provides quarantine accommodation and food service during the EYOF (19.–26.3.2022). If the NOCs need to stay in quarantine after those dates, it is the NOC’s responsibility to cover the expenses of quarantine accommodation and food (no more than 120€/person/day)

4. Deliver documents to RAS

• NOCs should send everyone’s COVID-19 vaccine certificates to RAS by 8.3.2022
• NOCs should also send the certificates of a laboratory confirmed coronavirus disease of each participant who has been diagnosed within 6 months to RAS by 8.3.2022.
• Another option is to upload a medical certificate of persons stating the date of the first test positive for the COVID-19 and the date they have been considered recovered.
• Note that COVID-19 vaccine certificates will be checked again at the EYOF accreditation.

5. Monitor your health daily for the 14 days before arrival in Finland

• If you experience any symptoms of COVID-19 in the 14 days before arrival
• Do not travel to Finland
6. Keep your physical contact with other people to a minimum during the 14 days before you travel to Finland.

7. Have a PCR or Antigen test within 72 hours before leaving to Finland. A negative test result is needed to get an accreditation card for the event.

**At the EYOF 2022 Vuokatti**

**COVID-19 measurements**

Take care of your accreditation card and bring it with you wherever you go!

Persons who have no valid vaccination certificates or proof of covid-19 disease will be tested by health specialists with Antigen test approx. 72 hours after entering to Finland. Based on the information sent to us prior to EYOF event, Local Covid-19 Liaison Officers (LCLO) will set the schedule for Antigen testing. Testing time will be informed to the team CLO and team leaders. Covid-19 test center is located app. 400m from the EYOF-village. Remember to have your accreditation card or passport with you when entering to the test!

There are no quarantine measures before this test.

Persons who might face symptoms of flu, covid-19 etc. during the event will be tested as well by health specialists. LCLO will inform team CLO about test schedule. The further steps in the process are based on the test result and these are communicated with team CLO. Regional health authorities will order possible quarantine or isolation period, LCLO can’t influence to these.

Self- testing: It is very much recommended that in case of facing symptoms you first inform your team leader or your CLO and do antigen self test before contacting LCLO.

**Competition Venues**

You need an accreditation card to get into competition venues. A minimum number of officials and volunteers are allowed to enter to the competition venues. Officials and volunteers are using face masks.

Areas for media and spectators are separated from athletes and team officials.

Please wear mask when entering in or out from the venue.

**Restaurant at EYOF village**

Lunch and dinner for the teams, officials and volunteers are served at Vuokattihalli, in a large sport complex at the middle of EYOF village. There are two separate restaurant (a bigger one for the teams, a smaller one for volunteers) in there with all instructions of taking care of hygienic.

OC will set lunch time slots based on training and competition program for each sport and gender, lunch is served between 11 am. to 3.00 pm. each day. This guarantees smooth and safe meal experience for all.

Team CLO is responsible to take care of take-away food from restaurant to persons who are in quarantine or in isolation.

**Ice halls**

It’s mandatory to wear face mask inside the ice hall for volunteers, officials, staff, spectators and athletes when they are not training, competing or playing.

**Accomodation**

Respect the rules displayed in venues and accommodation facilities, where enhanced cleaning protocols and hygiene countermeasures will be in place.

**Social**

- Limit your contact with other people as much as possible, especially indoors.
- Keep physical interactions with others to a minimum for example avoid unnecessary form of contact such as hugs, high-fives and handshakes.
• Avoid enclosed spaces and crowds wherever possible

Think of hygiene
• Wear a facemask at all times when you are indoors and in places where you can’t keep a 2-meter distance.
• Wash your hands regularly and thoroughly for at least 30 seconds, ideally using soap and warm water. Otherwise use hand sanitiser.
• Ventilate rooms regularly where possible.

Leaving Finland
Below is some information in case the country you’re going to or airline which you use demands negative COVID-19 test PCR / Antigen taken within xx hours of departure:

Booking
• CLDs book your teams COVID-19 departure tests by at least two weeks before (8.3.2022) via e-mail to covid@eyof2022.fi.
• Prefer Antigen tests if possible; these are much faster and less expensive compared to PCR-tests (Antigen 70€ / PCR 170 €).
• Note: PCR-tests will also be analyzed at laboratory in Helsinki. All the tests taking daily after 2.00 pm. have to be carried to Helsinki by private car and the costs of this transport are to be made by nations themselves. The results are expected in 24 hours.

In your booking (RAS) tell every participant’s
• Name
• Date of birth
• Passport number
• Phone number
• Time when the test needs to be valid (maximum of 72 hours within the test is taken).

Organising
• LCLO organises testing based on bookings.
• Teams CLD will have by e-mail:
  • time slot(s) when they have their COVID-19 departure tests.

Test situation
• Be on time.
• Have you accreditation card or passport with you.
• Use facemask.
• Use disinfectant.
• Follow the information and guidances in the testing area.

COVID-19 Certificate
CLDs collect the signed certificates day after the test was taken (Antigen test) from NOC service desk at your hotel.

Price of the certificate is included to the test price.

Payment
Participants pay for the departure COVID-19 tests. Costs will be added to the team’s final invoice.

Prices
• PCRmax test 170 € / person
• Antigen test 70 € / person

Summary of Payment Information

NOCs or guests themselves pay:
• Departure tests in their home countries before arriving to Finland.
• Departure tests if needed when returning to their countries.
• Possible quarantine time accommodation / food outside of the event period 19.-26.3.2022.
• Possible transport costs to Helsinki in case PCR was used.

LOC (Regional health authority) pays:
• Tests for the non- vaccinated or non-valid vaccinated team members on arrival.

Sport Countermeasures

Overall principles
• Venue and area layouts will also be designed to support physical distancing
• Items such as towels and drinking bottles must not be shared
• Masks must be worn by athletes when receiving a notification for doping control

Sport Information Centre (SIC)
• Printing documents is not recommended. If you do need to print something, avoid sharing documents with others unnecessarily

Gym
• Disinfect equipment before and after use
• Wear a face mask

Pre- competition
• Activities will be held in open air spaces where possible.

Athlete preparation areas
• Physios should use hand sanitiser before and after any contact with an athlete

Towels
• Towels must not be shared.

Changing rooms
• Physical distance must be maintained when showering and changing, which may mean waiting if the area is busy.

Athlete seating areas on or by the Field of Play
• Always wear a face mask, when possible.
• Physical distancing between athletes on team benches will not be required.
• All others must keep two meters from athletes if possible.

Sport presentation
• The wearing of masks by personnel involved with sports presentation, such as performers and announcers, will be treated on a case-by-case basis.
• Announcers and interviewers must keep a distance of two metres from athletes and avoid contact at all times.
• Equipment such as headsets and microphones must not be shared and must be disinfected after use.

After competition Mixed zone
• The use of a boom microphone (a microphone attached to a pole) will be mandatory, in order to ensure the two-metre distance between athletes and interviewers is maintained
• The floor of the mixed zone will be marked at all venues to ensure physical distancing: Athlete position < two-metres > interview position
• Interviews with athletes should last no more than 90 seconds
• All interviewers must wear a mask. Athletes can remove their mask for the interview.

Medal Ceremonies
• Medal Ceremonies will take place at the competition venues. Athletes and presenters will be required to wear a mask. Other specific information will be communicated closer to the EYOF.

Venue Countermeasures

Physical distancing
Separation of flows between athletes and others
Wearing a facemask at all times indoors with the exception of training, competing, eating, drinking or during interviews in Vuokatti.
Masks may be removed when eating or drinking but must be promptly replaced when finished

Cleaning and sanitisation
• Installation of hand sanitizers
  • Hand sanitizer will be available at numerous points throughout each venue including every entrance/exit, rooms where medical treatment is performed, dining areas, toilets, mixed zone, press desks and commentary positions, seating bowl staircases, concourses, work rooms, sports information desks, changing rooms, athlete warm up and call areas and gyms
• Disinfection operations
  • Doorknobs, switch panels, handrails, desks, elevator buttons, eating surfaces and other areas where high frequency contact is expected will be disinfected regularly
  • You should disinfect items such as tables after eating and shared equipment (such as microphones, sports equipment, physio beds) before and after use.
• Food and beverage operations
  • Be extra vigilant when eating and drinking, when the risk of infection is high.

Vaccines

Covid 19- vaccines that are authorised for use in the European Union
• Comirnaty
• Spikevax (previously COVID-19 Vaccine Moderna)
• Vaxzevria (previously COVID-19 Vaccine AstraZeneca)
• Novavax
• COVID-19 Vaccine Janssen
• BIBP/Sinopharm
• Covishield
• CoronaVac
• Covaxin
• Nuvaxovid
• Covovax
*If you only have one COVID-19 Vaccine Janssen that is enough.

Vaccines that are NOT valid in EYOF (Currently under rolling review)
• Sputnik V (Gam- COVID- Vac)
• COVID-19 Vaccine (Vero Cell) Inactivated
• Vidprevtyn
Compliance and Consequences

In case of an infringement of any rules contained in this Playbook on the occasion of the EYOF and without limiting the consequences or sanctions imposed by your organisation or other competent authorities or entities, you may be exposed to the following non-exhaustive range of potential consequences:

- Warning(s)
- Temporary or permanent withdrawal of your accreditation
- Temporary or permanent ineligibility
- Disqualification
- Financial sanctions

In the event you have questions about the non-respect of this Playbook you can speak to your CLO in the first instance, who will determine the appropriate next steps. CLOs will receive further information and support on situations of non-respect of the Playbooks.