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ABBREVIATIONS

Sports:
AS - Alpine Skiing
BT - Biathlon
CC - Cross Country Skiing
FS - Figure Skating
IH - Ice Hockey
NC - Nordic Combined
ST - Short Track
SJ - Ski Jumping
SB - Snowboard
1 GENERAL SPORT INFORMATION

Sport Manager:
Matias Ronkainen  matias.ronkainen@kainunliikunta.fi  +358 (0)44 5325 924

Managers of each sport
Alpine Skiing:
Mika Pelli  mika.pelli@kuusamo.fi  +358 (0)50 4641908

Biathlon:
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Short Track:
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Ski Jumping:
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Snowboard:
Simo Suopanki  simo.suopanki@fsa.fi  +358 (0)50 5342 177
Technical delegates of each sport

Alpine Skiing:
Technical Delegate (girls)   Claudia Giordani (ITA)
Technical Delegate (boys)   David Hansson (SWE)

Biathlon:
Technical Delegate   Hillar Zahkna (EST)

Cross Country Skiing:
Technical Delegate   Nathalie Santer (ITA)
Assistant Technical Delegate  Mattias Berglund (SWE)
National Technical Delegate  Mattias Skog (FIN)

Figure Skating:
Technical Delegate   Mona Mervasto (FIN)

Ice Hockey:
Technical Delegate   Zsuzsanna Kolbenheyer (HUN)

Nordic Combined:
Technical Delegate   Jerome Pagnier (FRA)
Technical Delegate   Suzanne Tahk (EST)

Short Track:
Technical Delegate   Hermann Filiopic (AUT)

Ski Jumping:
Technical Delegate   TBA
Assistant Technical Delegate   Janne Karjalainen (FIN)

Snowboard:
Technical Delegate   Lukasz Ligocki (POL)
## Sport Data Overview

<table>
<thead>
<tr>
<th>Athletes’ Village</th>
<th>Sports</th>
<th>Disciplines</th>
<th>Categories (Age)</th>
<th>Athletes Quota (Aa)</th>
<th>Officials Quota (Ao)</th>
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<tbody>
<tr>
<td>Vuokatti</td>
<td>ALPINE SKIING</td>
<td>Slalom</td>
<td>2003-2004</td>
<td>4 Boys</td>
<td>4 Ao</td>
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<tr>
<td></td>
<td></td>
<td>Parallel Slalom</td>
<td>4 Girls</td>
<td>4 Ao</td>
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<tr>
<td>Vuokatti</td>
<td>BIATHLON</td>
<td>7,5 km Sprint</td>
<td>2003-2004</td>
<td>4 Boys</td>
<td>4 Ao</td>
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<td></td>
<td>12.5 km Individual</td>
<td>4 Girls</td>
<td>4 Ao</td>
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<td>Vuokatti</td>
<td>CROSS COUNTRY SKIING</td>
<td>30 km Free</td>
<td>2003-2004</td>
<td>4 Boys</td>
<td>4 Ao</td>
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<td></td>
<td>7,5 km Classic</td>
<td>4 Girls</td>
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<td>Vuokatti</td>
<td>FIGURE SKATING</td>
<td>Short Program</td>
<td>01.07.2004-30.06.2006</td>
<td>1 Boy</td>
<td>1 Ao Boy</td>
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<td>Free Program</td>
<td>30.06.2006</td>
<td>1 Girl</td>
<td>1 Ao Girl</td>
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<tr>
<td>Vuokatti</td>
<td>ICE HOCKEY</td>
<td>6 Teams Tournament</td>
<td>2004-2005 (Boys)</td>
<td>20 Boys</td>
<td>6 Ao Boys</td>
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<tr>
<td></td>
<td></td>
<td>(RUS, BLR, CZE, FIN, LAT, SUI)</td>
<td>2005-2006 (Girls)</td>
<td>20 Girls</td>
<td>6 Ao Girls</td>
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<td>Vuokatti</td>
<td>NORDIC COMBINED</td>
<td>HS100 Individual GUN</td>
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<td>HS100 Team</td>
<td>4 Girls</td>
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<td>Lahti</td>
<td>SHORT TRACK</td>
<td>500 m</td>
<td>01.07.2004-30.06.2006</td>
<td>2 Boys</td>
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<td>1000 m</td>
<td>2 Girls</td>
<td>2 Ao</td>
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<td>SKI JUMPING</td>
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<td>2003-2005</td>
<td>4 Boys</td>
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<td>HS100 Team</td>
<td>4 Girls</td>
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<td>Vuokatti</td>
<td>SNOWBOARD</td>
<td>Slopestyle</td>
<td>2004-2005</td>
<td>4 Boys</td>
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<tr>
<td></td>
<td></td>
<td>Big Air</td>
<td>4 Girls</td>
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<tr>
<th>NOC Officials Quota</th>
<th>Number of Athletes</th>
<th>Chef de Mission</th>
<th>Deputy Chef de Mission</th>
<th>Officials (Ao)</th>
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<td>21-30</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td>5</td>
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<tr>
<td>31-40</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td>1</td>
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<td>41-50</td>
<td>1</td>
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<td>6</td>
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<td>51-60</td>
<td>1</td>
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<td>8</td>
<td>1</td>
<td>11</td>
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<tr>
<td>61 and more</td>
<td>1</td>
<td>1</td>
<td>10</td>
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<thead>
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<th>NOC Officials Quota</th>
<th>Number of Athletes</th>
<th>Deputy Chef de Mission</th>
<th>Officials (Ao)</th>
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<tr>
<td>NC &amp; SJ*</td>
<td>1-8</td>
<td>1</td>
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<td>9-16</td>
<td>1</td>
<td>2</td>
<td>1</td>
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</table>

*Extra Quota for the NOCs with SJ and/or NC athletes
Team officials are entitled to enter all sport venues - training and competition areas
### Official Detailed Programme

#### Event Schedule

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<tbody>
<tr>
<td>Alpine Skiing</td>
<td>Training Girls 10:00 Boys 12:00</td>
<td>Training Boys 10:00 Girls 12:00</td>
<td>Slalom Boys 10:00 1st Run 10:00, 2nd Run 13:00 Slalom Girls 14:00 1st Run 14:00, 2nd Run 16:00</td>
<td>Parallel Qualification Girls 10:00 Boys 14:00</td>
<td>Warm up Girls 8:30 Inspection 1, 8:15-8:30 Inspection 2, 12:15-12:35</td>
<td>Warm up Boys 8:30 Inspection Girls, 9:15-9:35 Inspection Boys, 13:15-13:35</td>
<td>Departures</td>
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<td>Warm up 8:30 Inspection Boys, 9:15-9:35 Inspection Girls, 13:30-15:35</td>
<td>Warm up 8:00</td>
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<td>TCM 18:00 Opening Ceremony 20:00 TCM 18:00 TCM 18:00 Get Together / Snowboarding Finals TCM 18:00 Closing Ceremony</td>
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<tr>
<td>Biathlon</td>
<td>Official training 13:00-16:00</td>
<td>Official training Girls 8:30-10:25 Official training Boys 10:35-12:00</td>
<td>Sprint Girls 8 km 12:40 - 14:00 Boys 10 km 12:30 - 14:45 Rifle Zeroing Girls 11:40-12:30 Rifle Zeroing Boys 14:00-15:10</td>
<td>Official training Girls 10:00-12:00 Official training Boys 13:00-15:00</td>
<td>Individual Girls 10 km 10:00 - 11:30 Boys 12.5 km 12:50 - 14:30 Rifle Zeroing Girls 09:00-09:50 Rifle Zeroing Boys 11:00-11:45</td>
<td>Mixed Relay 4 x 6 km 10:30 - 11:30 Rifle Zeroing 9:20-9:50</td>
<td>Departures</td>
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<td>TCM 18:00 Opening Ceremony 20:00 TCM 18:00 TCM 18:00 Get Together / Snowboarding Finals TCM 18:00 Closing Ceremony</td>
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<tr>
<td>Cross Country Skiing</td>
<td>Official training Biathlon Stadium 10:00-12:00</td>
<td>Unofficial training at the Cross Country Stadium AM 08:00-10:00</td>
<td>Girls 7.5km (F) 10:00 Boys 10km (F) 15:25</td>
<td>Official training for Sprint 10:00-13:00</td>
<td>Sprint Girls (F) 10:00 Sprint Boys (F) 10:30 Girls heats 12:00 Boys heats 12:25 Girls finals 13:30 Boys finals 13:31</td>
<td>Mixed Relay 4 x 6 km (F+M) 12:00</td>
<td>Departures</td>
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<td>TCM 18:00 Opening Ceremony 20:00 TCM 18:00 TCM 18:00 Get Together / Snowboarding Finals TCM 18:00 Closing Ceremony</td>
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<tr>
<td>Figure Skating</td>
<td>Unofficial Training Girls 15:30 Unofficial Training Girls 18:20</td>
<td>Official Training Boys SP/FS 14:30 Unofficial Training Girls SP/FS 17:20</td>
<td>Short program Boys 13:30 - 16:07 Short program Girls 13:30 - 16:41 Free Skating Boys 12:45 - 15:41 Free Skating Girls 12:00 - 15:23</td>
<td>Official Training Boys SP 8:30 Official Training Girls SP 9:00</td>
<td>Official Training Boys FS 7:00 Official Training Girls FS 7:30</td>
<td>Round Table Discussion 9:00-11:00</td>
<td>Departures</td>
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<td>TCM 16:00 Opening Ceremony 20:00 TCM 16:00 Judges 10:00-13:00 Technical Panel Boys 12:30 Judges Girls 18:30 Technical Panel Girls 15:30</td>
<td>Judges Boys 14:30 Technical Panel Boys 11:45 Judges Girls 16:00 Technical Panel Girls 15:00</td>
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<tr>
<td>Ice Hockey, Girls</td>
<td>Games SVK - FIN 12:30 SVK - RUS 18:30</td>
<td>Games SUI - SVK 9:00 SUI - RUS 18:30</td>
<td>Games SUI - SVK 12:00 SUI - RUS 18:30</td>
<td>Games SVK - FIN 9:00 SVK - RUS 18:30</td>
<td>Games SUI - SVK 12:00 SUI - RUS 18:30</td>
<td>Games SUI - SVK 12:00 SUI - RUS 18:30</td>
<td>Closing Ceremony</td>
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<td></td>
<td>TCM 17:00 Opening Ceremony 20:00</td>
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</table>

*EYOF 2022 Technical Manual*
### Nordic Combined

- **Departures**
  - Nordic Combined Ski Jumping HS100, Mixed Team, Trial Round 09:00
  - Nordic Combined Ski Jumping HS100, Mixed Team, 14:00
  - Nordic Combined Individual Gundersen CC Boys 12:30
  - Closing Ceremony Live Stream 19:00

- **Nordic Combined**
  - TCM In the evening (B/G) Pajulahti

- **TCM at the Stadium 14:00**
  - HS 100 Girls, Trial round 16:15
  - Nordic Combined Ski Jumping HS100 Girls 16:00
  - Nordic Combined Individual Gundersen CC Girls 18:15

- **HS 100 Boys, Trial round 9:00**
  - Nordic Combined Ski Jumping HS100 Boys 10:00
  - Nordic Combined Individual Gundersen CC Boys 12:30

- **Departures**
  - Closing Ceremony Live Stream 19:00

### Ski Jumping

- **Departures**
  - Ski Jumping Mixed Team HS100, Trial Round 13:00
  - Ski Jumping Mixed Team HS100, 14:00
  - Nordic Combined Ski Jumping HS100, Boys 10:00

- **Ski Jumping**
  - Official training HS100 (B/G), 2 rounds at 15:00
  - Official training Cross Country (B/G) 18:00

- **TCM (B/G) at Pajulahti 20:00**

- **HS 100 Boys, Trial round 15:30**
  - Ski Jumping HS100, Boys 16:30

- **HS 100 Girls, Trial round 9:00**
  - Ski Jumping HS100, Girls 10:00

- **Ski Jumping Team HS100 Trial round, Boys 16:00**
  - Ski Jumping Team HS100 Boys 17:00

- **Ski Jumping Team HS100, Mixed Team 10:00**

### Short Track

- **Departures**
  - Closing Ceremony

- **Short Track**
  - Official Training 9:00-16:00
  - 9:35 Girls / Boys 1500m
  - 12:20 Mixed Relay 3000m Heats

- **9:35 Girls 500m, Boys 500m**
  - 12:11 Mixed Relay 3000m Semi-Finals

- **11:05 Girls & Boys 1000m**
  - 14:13 Mixed Relay Finals

- **11:11 Girls & Boys 1500m**

### Snowboarding

- **Departures**
  - Closing Ceremony

- **Snowboarding**
  - Big Air & Slope Style Training Girls 10:00-11:45
  - Boys 12:00-14:00

- **Big Air & Slope Style Training Boys 10:00-12:00**
  - Girls 12:15-14:00

- **Big Air Qualification**
  - Warm-up girls H1 9:30-10:00
  - Qualification girls H1 10:15-11:15
  - Warm-up girls H2 11:00-11:30
  - Qualification girls H2 11:45-12:45
  - Qualification boys H1 12:30-13:30
  - Qualification boys H2 13:15-14:15
  - Warm-up boys and girls H1 17:15-18:00
  - Qualification boys H2 17:15-18:00

- **Slope Style Qualification Girls**
  - Warm-up girls H1 9:30-10:00
  - Qualification girls H1 10:15-11:15
  - Warm-up girls H2 11:00-11:30
  - Qualification girls H2 11:45-12:45
  - Qualification girls H3 12:30-13:30
  - Big Air Finals Boys & Girls 18:00
  - Warm-up boys and girls 17:15-18:00

- **Slope Style Qualifications Boys**
  - Warm-up boys H1 9:30-10:00
  - Qualification boys H1 10:15-11:15
  - Warm-up boys H2 11:00-11:30
  - Qualification boys H2 11:45-12:45
  - Qualification boys H3 12:30-14:00

- **Slope Style Finals**
  - Warm-up boys and girls 10:00-11:00
  - Run 1 girls 11:15-11:45
  - Run 1 boys 11:30-11:45
  - Run 2 boys 12:30-12:45
  - Run 2 girls 12:45-13:00
  - Run 3 boys 13:45-14:05
  - Run 3 girls 14:00-14:45

### Opening Ceremony

- **TCM 16:00**
- **TCM 17:00**
- **TCM 21:15-22:15**
- **TCM 17:00**
- **TCM 17:00**
- **TCM 21:15-22:15**
- **TCM 17:00**
Transport

Equipment on Arrival and Departure

Arriving by air

Upon arrival in the Kajaani airport, sports equipment will be loaded on to busses and transferred to the competition venues by the EYOF Logistics Team. Sports equipment for Short Track and Figure Skating will be stored in the NOC Accommodation and must be brought to the competition venues on a daily basis. Ice Hockey Teams will travel in a dedicated bus directly from the airport to the venue (Kajaani Ice Hall) where they can unload their equipment and material and put it in the team locker room. If team members arrive separately, they can bring their equipment to the venue when arriving for their first training session.

For departure, all sports equipment is picked up from the venues and loaded to the busses before picking up the NOC delegation members for transportation the airport, except for Ice Hockey equipment in Kajaani, which will be picked up on the way.

More detailed information will be provided later when the flight connections are confirmed.

Arriving by own car

NOCs arriving by their own vehicles are advised to transfer their sports equipment directly to the competition venues themselves. If this is not possible for any reason, the EYOF Logistics Team can arrange a transfer. If NOCs opt for self-delivery, they can bring their sports equipment (except rifles and ammunition) to the competition venues on the arrival day (19.3.), or the day of the first training (20.3.).

NOCs departing by their own vehicles can choose to collect their sports equipment directly from the competition venues themselves. If NOCs opt for self-collection, they need to empty their Wax Cabins by 26.3.2022.

Rifles and ammunition

As NOCs are not allowed to store Biathlon rifles and ammunition in their accommodation, NOCs - arriving in their own vehicles - must hand over their rifles and ammunition to the rifle storage when they arrive and collect again when they depart. For the rifles and ammunition, there will be a separate locked storage within the Athletes' Village with 24/7 security. No overnight storage in the accommodation or cars is allowed due to local legislation.

All rifles and ammunition must be tagged accordingly in order to be able to claim the correct rifle and ammunition when going to the competition venue. It is mandatory to keep rifles and ammunition in proper boxes or cases to avoid damages.

Transport to the Venues

The Athletes' Village and sport venues are within walking distance, except for Ice Hockey which is held in Kajaani. A shuttle bus service will be organised to facilitate the transportation of all participants between the sport venues and the Athletes' Village in Vuokatti and Kajaani. There will not be a bus service between Vuokatti and Lahti.

There will be bus transfer service between Kajaani and Vuokatti for Ice Hockey teams and other accredited groups. There will not be dedicated buses for each Ice Hockey team 24/7, but they will be transported to and from arenas according to the training / game schedules, or if they want to go and see other games. The Transportation Mall will be located in the centre of the Athletes' Village.

Training Facilities

All EYOF 2022 athletes shall remain at the European Youth Olympic Festival for the duration of the Festival from the day of the Opening Ceremony until the day of the Closing Ceremony, regardless of their competition schedules, and shall participate in all possible sporting competitions and side events. Festival-time
training, including non-sport-specific training for all athletes, and sport-specific training, will be provided from 19.3.2022 until 26.3.2022.

**Sport-specific training**

The type and number of scheduled training sessions in each sporting discipline are determined in consultation with the respective IFs. Scheduled pre-competition, and during competition training sessions, will be included in the competition schedule by session. No other sport-specific training possibilities will be provided outside these determined times. If the NOCs are coming to the training camps before the EYOF 2022 Vuokatti, the LOC will do its best to provide the best possible sport specific training possibilities.

**Non-sport-specific training**

Non-sport-specific training for all athletes will be provided 19. – 26.3.2022. NOCs have the possibility to book non-sport-specific training spaces by contacting Sport Info Desk.

**Services at Vuokatti Arena**

In addition to the ice rink, the Vuokatti Arena is a multi-purpose hall. The hall serves as the Main Event Restaurant during the event, and also has a gym, swimming pool, cafe, and Vuokatti SkiService which rents and sells skiing and cycling equipment.

During the event the swimming pool and gym will be open for all customers and local people.

For EYOF participants, the swimming pool is reserved free of charge for some nights. More information will be provided at a later date. COVID-19 might affect the use.

**Advertising**

EYOF Rules on Advertising, Demonstrations and Propaganda should be applied. Find the rules on the EOC website.

**Sport Info Desk (SID)**

The SID is located near the NOC SC. All sport related information for the EYOF 2022 Vuokatti will be available there during the event week, including official start lists, official results, competition and training schedules, weather service, etc.

All information concerning sports will also be available on the website www.eyof2022.fi and at the competition venues. Hard copies will be printed only upon request. NOC Officials may book non-sport-specific training slots and facilities at the SID on a ‘first-come, first-served’ basis.

**Opening hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thursday 17.3.2022</td>
<td>15.00-21.00</td>
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<tr>
<td>Friday 18.3.2022</td>
<td>8.00-22.00</td>
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<tr>
<td>Saturday 19.3.2022</td>
<td>9.00-21.00</td>
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<tr>
<td>Sunday 20.3.2022</td>
<td>9.00-19.30</td>
</tr>
<tr>
<td>Monday 21.3.2022</td>
<td>9.00-20.00</td>
</tr>
<tr>
<td>Tuesday 22.3.2022</td>
<td>9.00-20.00</td>
</tr>
<tr>
<td>Wednesday 23.3.2022</td>
<td>9.00-18.00</td>
</tr>
<tr>
<td>Thursday 24.3.2022</td>
<td>9.00-20.00</td>
</tr>
<tr>
<td>Friday 25.3.2022</td>
<td>9.00-20.00</td>
</tr>
</tbody>
</table>
Ceremonies

Mascot Ceremonies

Mascot ceremonies will be held at each venue right after the official results have been published. Instead of flowers, medalists will be given event mascots. No flags, banners, skis etc. are allowed in the ceremony.

Victory Ceremonies

The EYOF 2022 Victory Ceremonies will be held in accordance with the protocol determined by the European Olympic Committees to honour the individual and team achievements of the athletes. The Victory Ceremony is held every day at 19.00 hrs, in the Ceremony Plaza at the Vuokatti Arena with the following exceptions:

- Wednesday 23.3., after the Snowboard Finals at the Vuokatti Ski Resort
- Friday 25.3., at the beginning of the Closing Ceremony, except for Girls’ Ice Hockey the Victory Ceremony will be held at the venue after the final game

Medals will be presented in the following order: bronze, silver, gold. The national flags of the medallists will be hoisted as the national anthem of the gold medallist’s nation is played. No flags, banners, or other merchandise are allowed on the podium.

Catering

Food and beverage services e.g. snacks and refreshments will be provided to athletes, team officials and working pass holders at, or close by, each Competition Venue. Service hours will depend on the competition and training schedule. Snacks at the competition venue will consist of water, fruits, coffee, tea and smoothies made from Finnish berries.

Because of the close proximity of the Main Event Restaurant to the venues, there will not be any lunch service at the venues.
### Weather Service

Weather information will be available at the Sport Information Desk, and at the Venue Info Points. Furthermore, the weather for the following day will be communicated in the TCM.

### Medical Information

There will be a doctor and 1–3 first aid service patrol in each venue. For Short Track, Figure Skating and Alpine Skiing/Snowboard there will also be ambulances on site.

### Physiotherapy

The OC will have a limited number of massage and physiotherapy spaces for NOCs to book. The spaces include tables and are available from 17:30 onwards. Please book your slots through the Meeting Service Desk in the NOC SC or before the event by emailing nocservices@eyof2022.fi. The bookings are available in 30 min slots and free of charge. The physiotherapy spaces are available close to the Vuokatti Arena.

### Anti-doping activities

It’s always the athletes’ right to participate in doping-free sport. The purpose of doping control is to secure athletes’ right to fair and clean competition. In EYOF, many young athletes have their first experience of anti-doping activities, so doping control procedures are carefully planned and implemented with high quality to have an educational aspect. It’s time to learn that doping controls and other antidoping activities are a part of elite athletes’ careers!

#### Team Captains’ Meetings

Meetings for each discipline will be held in the Sokos Hotel Vuokatti meeting rooms.

<table>
<thead>
<tr>
<th>Day</th>
<th>Alpine Skiing</th>
<th>Biathlon</th>
<th>Cross Country Skiing</th>
<th>Figure Skating</th>
<th>Ice Hockey</th>
<th>Short Track</th>
<th>Snowboard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>17:00-18:00</td>
<td>17:00-18:00</td>
<td>16:00-17:00</td>
<td>16:00-17:00</td>
<td>17:00-18:00</td>
<td>17:00-18:00</td>
<td>16:00-17:00</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>18:00-19:00</td>
<td>17:00-18:00</td>
<td>17:00-18:00</td>
<td>12:00-12:30 (Judges)</td>
<td>17:00-18:00</td>
<td>17:00-18:00</td>
<td>17:00-18:00</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>18:00-19:00</td>
<td>17:00-18:00</td>
<td>12:00-12:30 (Technical Panel)</td>
<td>12:00-12:30 (Draw)</td>
<td>21:00-22:00</td>
<td>21:15-22:15</td>
<td></td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>18:00-19:00</td>
<td>12:30 (Judges Boys)</td>
<td>15:30 (Judges Girls)</td>
<td>15:30 (Technical Panel Boys Girls)</td>
<td>15:00 (Judges Boys Girls)</td>
<td>17:00-18:00</td>
<td></td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>18:00-19:00</td>
<td>17:00-18:00</td>
<td>11:45 (Judges Boys)</td>
<td>11:45 (Technical Panel Boys Girls)</td>
<td>15:00 (Judges Girls)</td>
<td>15:00 (Technical Panel Girls)</td>
<td></td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>9:00-11:00 Round Table Discussion</td>
<td>8:00-11:00 Round Table Discussion</td>
<td>9:00-11:00 Round Table Discussion</td>
<td>9:00-11:00 Round Table Discussion</td>
<td>9:00-11:00 Round Table Discussion</td>
<td>9:00-11:00 Round Table Discussion</td>
<td>9:00-11:00 Round Table Discussion</td>
</tr>
</tbody>
</table>
Sample Collection responsibilities for the EYOF have been delegated to the Finnish Center for Integrity in sports (FINCIS). According to EOC antidoping Rules, and International Standard for Testing and Investigation (ISTI), it’s possible to collect In Competition and Out of Competition doping samples during the EYOF. Both urine and blood samples are possible so athletes need to familiarise themselves with both doping test procedures and know their rights and obligations during a doping test.

All athletes have the right to have a representative with them at a doping test, for minors it’s very important to have an adult with them. Sealed water and soft drinks will be available for the athletes at the doping control station. There is no food available at the doping control station, but athletes, or their support personnel can bring food for the athletes if needed. There will be transport from the Doping Control Station to the hotel, or other accommodation, for athletes and their representatives when they have completed doping control. Doping controls will be made in Ice Hockey venue (for Ice Hockey) and in the Athletes Village (other sports)

Doping Samples will be analyzed in a World Antidoping Agency accredited laboratory in Helsinki Finland.

All athletes, and athletes support personnel, must familiarize themselves with the Prohibited List. If an athlete has illnesses or conditions that require them to take medication which are prohibited, Therapeutic Use Exemption (TUE) can give the athlete authorization to take the required medicine. Athletes and their support personnel have to be aware of EOC TUE Recognition and TUE Application Process.

Parking

VAPPs (Vehicle Access and Parking Permits) will be available to NOCs in accordance with the parking capacity of each venue. VAPPs will allow access to the accredited parking areas which will be marked with P+ in the venue. VAPPs must be clearly displayed inside the front windscreen/windshield of the vehicle upon entry to the parking area, and at all times while the vehicle is parked. Parking areas will be monitored by EYOF 2022 staff. Other than competition venues, no VAPPs are required and NOCs are free to use the Public Parking Areas around the competition venues. No capacity issues are expected.

Media

At each venue there will be clearly marked zones for the media. Due to short distances between venues, and the Main Media Centre, there will not be any sub-media centres in the venues other than in Vuokatti Ski Resort – Alpine Skiing & Snowboard and Ice Hockey Venue in Kajaani.
Bibs

**Snowboard & Alpine Skiing:** Bibs will be handed over at the Team Captains’ Meetings one day prior to the competition.

**Cross Country Skiing & Biathlon:** Bibs and timing transponders will be delivered at the start area before the start.

**Nordic Combined & Ski Jumping:** The warmup bibs of Nordic Combined Skiing can be picked up in the Competition Office. On the way to start, athlete changes warm up bib for the competition bib before transponder installation. The bibs of Nordic Combined Skiing are available in Competition Office (Grandstand Building, ground floor) 30 minutes before the start.

After the last individual and team competition, athletes may keep the bibs as a souvenir.

Storage and Wax Cabins

There will be storage/waxing possibilities available for participating NOC teams near the sport venues:

**Cross Country Skiing & Biathlon:** Waxing Hall next to Sokos Hotel Vuokatti
- distance to the Biathlon stadium 800 m
- distance to the cross country stadium 300 m
- distance to the ski track 50 m

Each team will have separate Wax Cabins, but they will not be locked. There will be security guards at all times during the opening hours. During nighttime, the Waxing Hall will be locked.

**Opening hours of the Waxing Hall**
- Saturday 19.3. open from first arrival until the last arrival
- Sunday to Thursday 20.-24.3 5.30-23.00
- Friday 25.3. 5.30-20.00
- Saturday 26.3. depending on departure times

Test tracks run from near the Waxing Hall. The tracks have the same artificial snow base as the competition tracks for both CC and BT, and will be in the same condition as the competition tracks. The tracks are already in use.

**Alpine Skiing & Snowboard:** Vuokatti Ski Resort Parking area (containers)
- distance to the ski lifts 100 m

Labelled keys for Team cabins of respective sport disciplines will be handed over to the Chefs de Mission on arrival.

**Team Cabin / Equipment Storage Locations**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpine Skiing</td>
<td>Team cabins on site</td>
</tr>
<tr>
<td>Biathlon</td>
<td>Team cabins on site</td>
</tr>
<tr>
<td>Cross Country Skiing</td>
<td>Team cabins on site</td>
</tr>
<tr>
<td>Figure Skating</td>
<td>Delegation accommodation</td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>Team locker rooms</td>
</tr>
<tr>
<td>Short Track</td>
<td>Delegation accommodation</td>
</tr>
<tr>
<td>Snowboard</td>
<td>Team cabins on site</td>
</tr>
</tbody>
</table>
Figure Skating Judges

7 judges have been drawn for each panel. The seating order will be drawn 45 minutes prior to each segment of the category. The Referees and the Technical Panels (technical specialists and controllers), as well as Data and Replay Operators, will be appointed by the OC and FFSA.

Judges were drawn at the Chefs de Mission Seminar in Vuokatti on 16.12.2021. The following countries were drawn:

**Boys Judges:**
- Bulgaria
- France
- Germany
- Austria
- Switzerland
- Estonia
- Poland

**Girls Judges:**
- Netherlands
- Latvia
- Great Britain
- Sweden
- Lithuania
- Belarus
- Hungary

**Figure Skating Judge payments**

Each NOC with participants in Figure Skating is expected to pay part of the cost of the judges. The OC will initially pay for the participation fee and the travel costs of judges and then distribute the cost between all participating NOCs. The travel costs of the judge should be invoiced to the OC by 14.3.2022.

The divided cost of the judges will be sent to the NOCs in the 3rd invoice issued a week after the event.

**Ski Passes**

NOCs with athletes entered in Alpine Skiing and Snowboard Competitions will be entitled to receive a number of Ski Passes for Official Training Sessions and Competitions, based on the number of athletes competing and service people/team officials. Ski passes will be distributed for athletes, coaches and medical personnel.

For Chefs de Mission ski passes will be available only upon request. CdM may receive a ski pass only if their delegation has athletes registered in the Alpine Skiing or Snowboard events. These Ski Passes will be handed over in the Introductory Meeting by NOC Services.

Extra ski passes can be ordered in advance by emailing nocservices@eyof2022.fi by 7.3.2022 to be received at the Introductory Meeting or at the ticket office at Vuokatti Ski Resort.

For extra ski passes the prices are:
- 1 day 34 €
- 2 days 64 €
- 3 days 85 €
- 4 days 105 €
- 5 days 126 €
- 6 days 139 €
- 7 days 151 €
- 8 days 164 €
ALPINE SKIING

Competition Organisation
Alpine Skiing Manager/Chief of Competition  Mika Pelli  mika.pelli@kuusamo.fi  +358 (0)50 4641906
Assistant Chief of Competition  Esko Kemppainen  +358 (0)50 5124 932
evengo.kemppainen@akkukauppakemppainen.fi
Venue Manager  Lauri Suutarinen
Race Secretary  Marko Paavola
Chief of Timing  Katarina Hemming
Chief of Course  Martti Karusaari

Competition Jury
Manager and Chief of competition  Pelli Mika, FIN
FIS Technical delegate (girls)  Giordani Claudia, ITA
FIS Technical delegate (boys)  Hansson David, SWE
Referee  TBC at the TCM

Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>10.00</td>
<td>Training Girls</td>
</tr>
<tr>
<td></td>
<td>12.00</td>
<td>Training Boys</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>10.00</td>
<td>Training Boys</td>
</tr>
<tr>
<td></td>
<td>12.00</td>
<td>Training Girls</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>10.00</td>
<td>Slalom Boys</td>
</tr>
<tr>
<td></td>
<td>14.00</td>
<td>Slalom Girls</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>10.00</td>
<td>PSL Qualification, Girls</td>
</tr>
<tr>
<td></td>
<td>14.00</td>
<td>PSL Qualification, Boys</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>13.00-15.00</td>
<td>Mixed Team Parallel</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Friday</td>
<td>10.00</td>
<td>PSL Boys</td>
</tr>
<tr>
<td></td>
<td>14.00</td>
<td>PSL Girls</td>
</tr>
</tbody>
</table>

Warm up daily at 8.30-9.30, with gates, Alakatti slope

Venue

Vuokatti Ski Resort
Vuokatinrinteet / Vuokatti Ski Resort
GPS: GPR: 64°07'48.7"N 28°16'14.2"E
Distance from Vuokatti Sport: Walking distance 0,7 km, Driving distance 1,8 km
Elevation: 174m
https://vuokatti.fi/en/services/vuokatti-slopes/

Services at Vuokatti Ski Resort
Vuokatti Ski Resort is located 2 kilometres from the Athletes’ Village (by car), and walking distance is only
100 m - 1 km. Vuokatti Ski Resort has two Rental Office stations; northern and western. Both Rental Offices contain a ticket office, rental shop, sport shop, restaurant - and cafeteria services. All the EYOF competitions will be organised near the northern service station. The main building in the north contains facilities for race management, service buildings, as well as parking areas for athletes, media and spectators. The Wax Cabins are located next to the competition tracks.

How to get to the venue
The venue can be reached from the hotel/accommodation by walking 1-15 min, or by shuttle bus.

Parking
NOCs can use the Parking area of Vuokatti Ski Resort where appropriate numbers of places will be reserved for the EYOF organisation and NOCs.

Homologation
Slope: Olympiakatti, Vuokatti Ski Resort
Homologation: 13485/01/20, Start 324 m, Finish 184 m
Sport Information

Disciplines
Slalom, Parallel Slalom and Mixed Team Event

Age categories

Quotas
4 boys, 4 girls, 4 officials

Competition regulations
See the Rules of the International Ski Federation for Alpine Disciplines
Rules for the Parallel Mixed Team Event can be found in the Appendices on page 58 and NOC Extranet.

Conditions of participation
Only athletes nominated by their National Olympic Committee and valid FIS code are allowed to participate.

Equipment control
In accordance with FIS Rules

Final entries check
One day before the competition at the TCM
Team Captains meetings
At 17:00 on Sunday Sokos Hotel meeting room (exact meeting room will be announced later)

Competition office
Competition office is the Sport Information Desk in the NOC Services Centre. See "Sport Info Desk (SID)" on page 12 for opening hours. An Info point will be located at the parking area of the Vuokatti Ski Resort, just next to the Wax Cabins and Teams service tent.

Wax Cabins
Service containers at Parking area of Vuokatti Ski Resort. No waxing tables or any other storage facilities are provided within the team cabins. It is prohibited to put any nails and/or screws into the walls, floor or ceiling of the cabins. Any damage caused to the cabins will be deducted from the deposit paid by NOCs before their arrival.

How to get to the start
Lift open/ close every day at 8.30/ 19.00

Ski passes
Please refer to the "Ski Passes" on page 17.

Medical services and First Aid
Race doctor at slope: Penttinen Jorma
Ski Patrol office, Olympiakatti Lower station
In case of an accident on slope +358 8619 4152

Services for the Teams
Changing rooms & showers
There will be toilets in the service building next to the slopes. There will also be a tent for the teams for changing clothes. There are no showers at the Vuokatti Ski Resort.

Catering
Catering tent with snacks will be located next to the Wax Cabins and Vuokatti Ski Resort service building. The restaurants at the Ski Resort also serve customers as usual.

Training gates
Training gates can be rented for 50 € per training for 20 gates. Please contact nocservices@eyof2022.fi before the event to book. Lane training times are allocated in the TCM.

WhatsApp group
A communication group has been created for sharing last minute information.
**Competition Organisation**

IBU RD    Arne Eidam
Biathlon Manager    Anna-Liisa Lukkari  lissulukkari@hotmail.com
Chief of Competition    Kimmo Turunen  kimmo@kontiolahtibiathlon.com
Competition Secretary    Sari Vuollet
Vice Chief of Competition    Antti Leppävuori
Chief of Course    TBA
Chief of Stadium    Timo Härkönen
Chief of Shooting Range    Tuomas Ylä-Tuuhonen
Chief of Start and Finish    Esa Määttä

**Competition Jury**

IBU TD    Hillar Zahkna (EST)
Chief of Competition    Kimmo Turunen
Team Representatives    Chosen in the TCM

**IBU International Referees (IR)**

Range    Saku Miikki
Start and Finish    Markku Kanko
Material Control    Jarno Lautamatti
Course    Annukka Siltakorpi

**Official Programme**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>13.00-16.00</td>
<td>Unofficial Training</td>
</tr>
<tr>
<td></td>
<td>17.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>9.00-12.00</td>
<td>Official Training</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>11.40-12.30</td>
<td>Rifle Zeroing Girls</td>
</tr>
<tr>
<td></td>
<td>12.40</td>
<td>Sprint Girls 6 km</td>
</tr>
<tr>
<td></td>
<td>14.20-15.10</td>
<td>Rifle Zeroing Boys</td>
</tr>
<tr>
<td></td>
<td>15.20</td>
<td>Sprint Boys 7,5 km</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>10.00-12.00</td>
<td>Official Training Girls</td>
</tr>
<tr>
<td></td>
<td>13.00-15.00</td>
<td>Official Training Boys</td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>10.00</td>
<td>Individual Girls 10 km</td>
</tr>
<tr>
<td></td>
<td>11.50-12.40</td>
<td>Rifle Zeroing Boys</td>
</tr>
<tr>
<td></td>
<td>12.50</td>
<td>Individual Boys 12,5 km</td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>9.20-9.50</td>
<td>Rifle Zeroing</td>
</tr>
<tr>
<td></td>
<td>10.00</td>
<td>Mixed Relay 4 x 6 km</td>
</tr>
</tbody>
</table>

**Venue**

**Vuokatti Sport Biathlon Stadium**

Venue for the Biathlon is the Vuokatti Sport Biathlon Stadium. Venue is within walking distance from all accommodations.
GPS: Biathlon Stadium: 64°08’32.9”N 28°18’07.9”E
Distance from Main Offices, Medals Plaza: 1.4 km

**Services at Vuokatti Sport Biathlon Stadium**

There will be a clothes changing tent, and toilets at the biathlon stadium. Changing tent is not heated. Also, a small kiosk will be serving customers at the stadium.

**Parking**

No cars are allowed at the venue. Parking for the NOCs is provided at the small parking area 200m from the stadium and next to the Wax Cabin hall (approx. 600m to the stadium).

**Sport Information**

**Disciplines**

<table>
<thead>
<tr>
<th>Category</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls</td>
<td>8 km (3 x 2 km) Sprint</td>
</tr>
<tr>
<td></td>
<td>10 km (5 x 2 km) Individual</td>
</tr>
<tr>
<td>Boys</td>
<td>7.5 km (3 x 2.5 km) Sprint</td>
</tr>
<tr>
<td></td>
<td>12.5 km (5 x 2.5 km) Individual</td>
</tr>
<tr>
<td>Team</td>
<td>Mixed Relay 4 x 6 km</td>
</tr>
</tbody>
</table>

Mixed teams (from 2 or more NOCs) cannot take part in the competition.

Only one relay team per NOC.

**Age Categories**

Boys and Girls born in 2003 and 2004

**Quotas**

4 Girls, 4 Boys, 4 Team Officials
Competition Regulations
In accordance with IBU Rules.

Conditions of participation
Only athletes nominated by their National Olympic Committee with a valid IBU code are allowed to participate. The athletes must fall within the age group established for EYOF 2022 Vuokatti i.e., be born in 2003 or 2004.

Equipment control
The Equipment control will be carried out in accordance with the IBU International Competition Rules.

Final entries
The final nomination for all races will take place at 13.00 the day before the race, via WhatsApp group, or directly to Competition Secretary at the venue.

Team Captains’ meeting
Team Captains’ meeting will be held in a Sokos Hotel meeting room at 17.00 on Sunday. Exact meeting room will be announced later.

Competition office
The Stadium will not have a separate Competition Office. Bibs and transponders will be delivered to the athletes on the venue near the start line before the competition in the manner instructed in the TCM. For competition information please see “Sport Info Desk (SID)” on page 12.

Wax Cabins
There will be Wax Cabins available for participating NOC teams close to the Cross Country venue in the Waxing all. The team area will be guarded continually by a professional security agency. Access is only allowed for people with valid credentials. No waxing tables, or any other storage facilities are provided within the team cabins. It is prohibited to put any nails and/or screws into the walls, floor or ceiling of the cabins. Any damage caused to the cabins will be deducted from the deposit paid by NOCs before their arrival.

IBU has prohibited products for ski preparation which are prohibited by Regulation (EU) 2019/1021 and Regulation (EC) 907/2006 (Explicitly all PFOA- or so called “C-8”-products and their precursors)

Rifles and Ammunition
Import of rifles and ammunition
Competitors coming from the EU nations can use the European Firearms Pass (EFP) to import their rifles and ammunition. Athletes without the EFP will need to apply for rifle permit in Finland. In order to facilitate your arrival and departure at customs regarding rifles and ammunition, please find the enclosed form, which should be completed in this case. The import license/European Weapons Passport has to be announced and shown when crossing the border. A reasonable amount of ammunition can be imported with the rifles

The “Biathlon Rifle List” on page 58 must be sent to the nocservices@eyof2022.fi by 25.2.2022. The OC will collect this information and handle the application process with the local authorities.

Permits and licenses are granted by the local police and the permissions will be sent back to the teams before their arrival to Finland. It is better to enter more athletes and/or rifles per nation than the actual quantity rather than too few. The fee of the licence is 35 € per application (can be multiple rifles) and the payment will be carried out by invoice.

Other rifles and ammunition procedures (storage etc.)
As NOCs are not allowed to store Biathlon rifles and ammunition in their accommodation, NOCs - arriving in their own vehicles - must hand over their rifles and ammunition to the rifle storage when they arrive, and collect again when they depart. No overnight storage in the accommodation or car is allowed.
Biathlon 2.5 km
TC 84 m
HD 25 m
MC 27 m
Course length 2686 m

Biathlon 2.0 km
TC 44 m
HD 23 m
MC 21 m
Course length 2156 m
All rifles and ammunition must be tagged accordingly in order to be able to claim the correct rifle and ammunition when going to the competition venue. It is mandatory to keep rifles and ammunition in proper boxes or cases to avoid damages.

**Medical Services**

There will be a doctor and at least two first aid service patrols. The First Aid service point is located at the stadium.

**Services for the Teams**

**Changing rooms & showers**

Teams are not provided separate showering and changing facilities due to the closeness of the accommodation.

**Catering**

Catering tent will be located next to the stadium. Please see more info in the General part of this Technical manual. Lunch and dinner will be served according to the schedule in the Main Event Restaurant.

**WhatsApp group**

A communication group has been created for sharing last minute information.
**Competition Organisation**

**Management of Cross Country**
Ann-Mary Åhtävä ann-mary.ahtava@vuokattisport.fi
+358(0)443075759

**Chief of Competition**
Jyrki Uotila jyrki.uotila@vuokattisport.fi

**Competition secretary**
Mette Leskinen mette.leskinen@vuokattisport.fi

**Venue Manager/Chief of Course**
Jani Åhtävä jani.ahtava@vuokattisport.fi

**Chief of Stadium**
Urpo Sorsa urpo.sorsa@vuokattisport.fi

**Competition Jury**

**FIS Technical Delegate**
Nathalie Santer (ITA)

**FIS Technical Delegate Assistant**
Mattias Berglund (SWE)

**Chief of Competition**
Jyrki Uotila (FIN)

**National Technical Delegate**
Mattias Skog (FIN)

**Official Programme**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>10.00-12.00</td>
<td>Official Training</td>
<td>Biathlon Stadium</td>
</tr>
<tr>
<td></td>
<td>14.00-16.00</td>
<td>Unofficial Training</td>
<td></td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>9.00-12.00</td>
<td>Official Training</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14.00</td>
<td>Girls 7,5 km, Boys 10 km (F)</td>
<td>Biathlon Stadium</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>10.00</td>
<td>Girls 5 km, Boys 7.5 km (C)</td>
<td></td>
</tr>
<tr>
<td>Wednesday 23.2.</td>
<td>10.00-13.00</td>
<td>Official Training for Sprint</td>
<td></td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>10.00</td>
<td>Sprint Qualifications Girls (F)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.30</td>
<td>Sprint Qualifications Boys (F)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12.00</td>
<td>Sprint Heats</td>
<td></td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>12.00</td>
<td>Official Training for Relay</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mixed Relay 4 x 5 km (C+F)</td>
<td></td>
</tr>
</tbody>
</table>

**Venue**

Venue for Cross Country Skiing is the Vuokatti Sport Ski Stadium. For Monday competitions, the Biathlon Stadium will be used, as the competitions are recorded for TV. Both venues are within walking distance from all accommodations.

GPS: 
- Ski Stadium: 64°08'25.7"N 28°17'13.1"E
- Biathlon Stadium: 64°08'32.9"N 28°18'07.9"E

Distance from Main Offices, Medals Plaza: 200 m
Elevation: 150 m

No cars are allowed at the venue. Parking is provided at Vuokatti Arena Parking Area for the Ski Stadium and Sokos Hotel Parking Area for the Biathlon Stadium.

**Sport Information**

**Disciplines**

**Girls**
- 75 km Free technique (3 x 2.5 km) – interval start (Biathlon venue!)
- 11 km Sprint Free technique – interval start / sprint heats
- 5 km Classic technique (2 x 2.5 km) – interval start

**Boys**
- 10 km Free technique (3 x 3.3 km) – interval start (Biathlon venue!)
11 km Sprint Free technique – interval start / sprint heats
7.5 km Classic technique (3 x 2.5 km) – interval start
Team 4 x 5 km Mixed Relay (4 x 2 x 2.5 km) (2 Boys + 2 Girls) (2 x CT + 2 x FT) – mass start
Mixed teams [from 2 or more NOCs] cannot take part in the competition.
Only one relay team per NOC.

Age categories
Boys and girls born in 2003 and 2004

Quotas
4 Girls, 4 Boys, 4 Team Officials, a possibility to add max 2 Working Passes

Competition regulations
In accordance with the FIS International Competition Rules. The Anti-Doping tests will be conducted in accordance with the National Anti-Doping Agency (NADA) and the European Olympic Committees.

Sprint qualification start interval is 15 seconds. Girls Qualification start at 10.00 and Boys Qualification at 10.30. Heats start at 12.00 and the schedule is as follows:

Distance start interval is 30 seconds.
The starting orders in Sprint competitions are based on the FIS sprint list points. Athlete with the lowest points will be the first starter. Athletes without points are drawn at the end of the start list. The starting orders in Distance competitions are based on the FIS distance list points. Athlete with the lowest points will be the last starter. Athletes without points are drawn at the beginning of the start list.

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The starting order for the Mixed Team Competition will be in same order as the results from the last EYOF in Sarajevo & East Sarajevo in 2019. A draw will be used to seed teams that did not take part in EYOF 2019.

**Conditions of participation**

Only athletes nominated by their National Olympic Committee and with a valid FIS code are allowed to participate. The athletes must fall within the age group established for EYOF 2022 Vuokatti i.e., be born in 2003 or 2004.

**Equipment control**

The Equipment control will be carried out in accordance with the FIS International Competition Rules.

**Final entries**

The final nomination for all races will always take place at 13.00 the day before the race, by the Direct to Competition Secretary at the venue.

**Team Captains’ meetings**

Team Captains’ meetings will be held in a Sokos Hotel meeting room (exact meeting room will be announced later) at 16.00 on Sunday and at 17.00 Monday, Wednesday and Thursday.

**Competition office**

The Stadium will not have a separate Competition Office. Bibs and transponders will be delivered to the athletes at the venue, near the start line, before each competition in the manner instructed in the TCM. For competition information please see "Sport Info Desk (SID)" on page 12.

Leg numbers will be provided for sprint heats.

**Start lists and results**

Start lists and results will be available at the Sport Information Desk and the Venue Information Point.

**Wax Cabins**

There will be Wax Cabins available for participating NOC teams close to the Cross Country venue in the Waxing Hall. The team area will be guarded continually by a professional security agency. Access is only allowed for people with valid credentials. No waxing tables, or any other storage facilities are provided within the team cabins. It is prohibited to put any nails and/or screws into the walls, floor or ceiling of the cabins. Any damage caused to the cabins will be deducted from the deposit paid by NOCs before their arrival.

Skis can also be stored in the accommodation, if necessary.

FIS has prohibited any products containing C8 fluorocarbons/PFOA at all FIS events from season 2021/2022 onwards, in line with the EU Regulation 2019/1021 ("POP-regulation") and EC Regulation 1907/2006 ("REACH"-regulation), which regulate the handling of fluorinated waxes.

**Medical services**

Medical staff: Emergency Doctor, Paramedics with snowmobile transportation. The first aid post will be located next to the start/finish area.

**Changing rooms & showers**

Teams are not provided separate showering and changing facilities due to the closeness of the accommodation.

**Catering**

Catering will be provided according to the schedule in the Main Event Restaurant. Catering tent will be located next to the stadium. Please see more info in the General part of this Technical manual. Lunch and dinner will be served according to the schedule in the Main Event Restaurant.

**WhatsApp group**

A communication group has been created for sharing last minute information.
Cross country skiing - Sprint Stadium

Cross country skiing - Stadium, Intermediate Start (Classic)
Cross country skiing 1.1 km

EYOF 2022
VUOKKATTI

TC 44 m
HD 19 m
MC 19 m
Course length 1105 m

Cross-country 2.5 km B

TC 84 m
HD 25 m
MC 27 m
Course length 2686 m
## Competition Organisation

**Figure Skating Manager**  
Katri Mäenpää  
katri.maanpaas@sil.fimnet.fi  
+358 (0) 44 0800877

**Chief of Competition**  
Laura Lauri  
lauri.is@gmail.com  
+358 (0) 400 167038

## Competition Committee

**Technical Director**  
Mona Mervasto

**Technical Panel**

**Referees**  
Zanna Kulik  
Lone Villefrance

**Technical Controllers**  
Ulla Faig  
Mona Adolfsen

**Technical Specialists**  
Merja Huttunen  
Christine Isaksen  
Tamara Dorofejev  
Filip Stiller Borowicz

**Data & Replay Operators**  
Anne Fagerström  
Juha Rättö

**Panel of Judges**  
TBA names by 7.3.22

## Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 21.3.</td>
<td>15.30</td>
<td>Unofficial Practice, Boys</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>16.20</td>
<td>Unofficial Practice, Girls</td>
<td>main rink</td>
</tr>
<tr>
<td>Tue 22.3.</td>
<td>14.30</td>
<td>Official Practice, Boys SP/FS</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>17.20</td>
<td>Official Practice, Girls SP/FS</td>
<td>main rink</td>
</tr>
<tr>
<td>Wed 23.3.</td>
<td>8.30</td>
<td>Official Practice, Boys SP</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>9.00</td>
<td>Official Practice, Girls SP</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>13.30</td>
<td>Competition, Boys SP</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>16.30</td>
<td>Competition, Girls SP</td>
<td>main rink</td>
</tr>
<tr>
<td>Thu 24.3.</td>
<td>7.00</td>
<td>Official Practice, Boys FS</td>
<td>practice rink</td>
</tr>
<tr>
<td></td>
<td>7.30</td>
<td>Official Practice, Girls FS</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>12.45</td>
<td>Competition, Boys FS</td>
<td>main rink</td>
</tr>
<tr>
<td></td>
<td>16.00</td>
<td>Competition, Girls FS</td>
<td>main rink</td>
</tr>
</tbody>
</table>

## Venue

**Vuokatti Arena**

Address: Opistontie 1, 88610 Vuokatti

GPS: 64.13934921913663°N 28.286435214264344°E

The Figure Skating Competition for the EYOF 2022 will take place at Vuokatti Arena (Main rink 30 m x 60 m; 28,80 m x 58,80 m with Short Track padding and Practice rink 28 m x 58 m ), which is an indoor, heated ice rink. Vuokatti Arena is situated in the Athletes' Village.
Services at Vuokatti Arena

In addition to the ice rink, the Vuokatti Arena is a multi-purpose hall. The hall serves as the Main Event Restaurant during the event, and also has a gym, swimming pool, cafe, and Vuokatti SkiService which rents and sells skiing and cycling equipment.

Parking

During the event week, parking is forbidden in front of the Arena. Spectators can use the parking next to the Waxing Hall or Sokos Hotel Vuokatti.
### Sport Information

#### Disciplines

Singles, Junior Girls and Boys.

<table>
<thead>
<tr>
<th></th>
<th>Short Program</th>
<th>Free Skating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls</td>
<td><strong>Girls</strong> Short Program: In accordance with ISU Technical Rules for Single &amp; Pair Skating 2021, Rule 611 and the respective ISU Communication. Duration: 2 min 40 sec +/- 10 sec</td>
<td><strong>Girls</strong> Free Skating: In accordance with ISU Technical Rules for Single &amp; Pair Skating 2021, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min 30 sec +/- 10 sec</td>
</tr>
<tr>
<td>Boys</td>
<td><strong>Boys</strong> Short Program: In accordance with ISU Technical Rules for Single &amp; Pair Skating 2021, Rule 611 and the respective ISU Communication. Duration: 2 min 40 sec +/- 10 sec</td>
<td><strong>Boys</strong> Free Skating: In accordance with ISU Technical Rules for Single &amp; Pair Skating 2021, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min 30 sec +/- 10 sec</td>
</tr>
</tbody>
</table>

#### Age categories

Athletes must be born between 01.07.2004 - 30.06.2006.

#### Quotas

1 girl, 1 boy, 2 Team Officials, 1 Judge

#### Competition regulations

The competition will be conducted in accordance with the ISU Constitution and General Regulations 2021, the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2021, and all pertinent ISU Communications and valid decisions of ISU congress.

#### Conditions of participation

Participation in this competition is open to all competitors who belong to a European ISU Member, and qualify with regard to eligibility according to Rule 102 and follow the EOC eligibility rules as well, provided their ages fall within the limits specified in this Announcement, and they meet the participation, citizenship and residency requirements in Rule 108 of the ISU General Regulations and are nominated by NOC.

In accordance with Rule 109 of the ISU General Regulations all skaters, although having nationality of the NOC which they represent, have in the past represented another NOC, must produce an ISU Clearance Certificate. Passports of all skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation of the event for verification.

All competitors must be entered through their respective Member Federation via the NOC, and meet
the age category established for EYOF 2022 Vuokatti.

**Music**

All competitors shall provide competition music of excellent quality in accordance with Rule 343. Music has to be uploaded into RAS as an MP3 file format. Any other format is not acceptable. A music form for the programs of each competitor indicating name, country, discipline, segment and the duration of the music must be uploaded into RAS by 7.3.2022. If music information is not complete or/and the music is not provided, accreditation will not be given.

The titles, composers and orchestras of the music to be used for the Short Program and Free Skating must all be entered, in detail, by the NOC or skater on the RAS.

During the first official practice, the music will be played as indicated in the Practice Schedule and will allow to verify the correctness of the submitted music.

Each competitor must have an own back-up drive (USB stick) for each program in the format of MP3 file.

In accordance with Rule 343, all back-up USB sticks must show the competition event, competitor’s name, country, discipline, segment and the exact running time of the music and must be submitted at the time of accreditation. Each program (short program, free skating) must be recorded on a separate USB stick.

PLEASE NOTE: CDs will NOT be accepted by the Organizer.

**Judges & payments**

Each Panel of Judges will consist of a minimum of 5 Judges and maximum of 7 Judges. Each participating NOC is requested to nominate one judge with at least the qualification “International judge”. One judge can

**Boys Judges**

- Bulgaria
- France
- Germany
- Austria
- Switzerland
- Estonia
- Poland

**Girls Judges**

- Netherlands
- Latvia
- Great Britain
- Sweden
- Lithuania
- Belarus
- Hungary

be nominated by NOCs: For girls competition (if NOC has a skater in this discipline). For boys competition (if NOC has a skater in this discipline). For both competitions (if NOC has a skater in both disciplines).

Each NOC with participants in Figure Skating is expected to pay part of the cost of the judges. The OC will initially pay for the participation fee and the travel costs of judges and then distribute the cost between all NOCs participating in FS. The travel costs of the judge should be invoiced to the OC by 14.3.2022. The divided cost of the judges will be sent to the NOCs in the 3rd invoice issued a week after the event.

**Composition of Judges Panels**

7 judges have been drawn for each panel. The seating order will be drawn 45 minutes prior to each segment of the category. The Referees and the Technical Panels (technical specialists and controllers), as well as Data and Replay Operators, have been appointed by the OC and FFSA.

Judges were drawn at the Chefs de Mission Seminar in Vuokatti on 16.12.2021. The following countries were drawn:

**Final entries**

The entries by names, indicating the names of skaters in the discipline concerned (Long List), must be submitted no later than 25.2.2022, and the final entries by names (Short List), no later than 7.3.2022, by the NOCs in the RAS.
Competition Office

There will be a specific Competition Info Desk for Figure Skating at the venue. NOCs will also receive necessary general information from the Sport Info Desk located in the NOC Services Centre. Please see "Sport Info Desk (SID)" on page 12 for opening hours.

Start lists and results

The marking system (ISU Judging System) as described in Technical Rule Single & Pair Skating 2021, Rule 352 and Rule 353 or in relevant ISU Communications, will be used.

Draw for the Short Program will preliminarily take place at the venue on Tuesday 22.3.2022 at 12.00.

Official practice for Competitors begins on Tuesday 22.3.2022. The detailed schedule will be issued at the time of accreditation. According to ISU Regulations 540 paragraph 4, after registering at accreditation for the event, Competitors may not practice at any rink other than the official rink.

The starting order for the Free Skating will be in the reverse order of the result of the Short Program.

Meetings

Team Captains’ meeting

Sunday 21.3.2022 at 16.00 in a Sokos Hotel meeting room [exact meeting room will be announced later].

Judges meetings

Judges meeting is scheduled after the draw for Short Program is 22.3.2022. The individual Judges Meetings will be held prior to the first segment of each individual category.

Round table discussions

Round Table Discussions are scheduled on the following day of the respective Free Skating event at the Sokos Hotel Vuokatti.

Technical Panel Review Meeting

Technical Panel Review Meetings are scheduled on the following day of the respective Free Skating event at the Sokos Hotel Vuokatti.

Meeting schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 22.3.</td>
<td>10.00-12.00</td>
<td>Judges</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>10.00-12.00</td>
<td>Technical Panel</td>
</tr>
<tr>
<td></td>
<td>12.00-12.30</td>
<td>Draw</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>12.30</td>
<td>Technical Panel Boys</td>
</tr>
<tr>
<td></td>
<td>15.30</td>
<td>Judges Girls</td>
</tr>
<tr>
<td></td>
<td>15.30</td>
<td>Technical Panel Girls</td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>11.45</td>
<td>Technical Panel Boys</td>
</tr>
<tr>
<td></td>
<td>15.00</td>
<td>Judges Girls</td>
</tr>
<tr>
<td></td>
<td>15.00</td>
<td>Technical Panel Girls</td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>9.00-11.00</td>
<td>Round Table Discussion</td>
</tr>
</tbody>
</table>

Medical Services

First Aid

An equipped medical room will be set up in the ice rink. One medical doctor and one nurse will be present at
the rink during all practice and competition events. There will also be an ambulance on site.

**Services for the Teams**

**Changing Rooms & Showers**

Changing rooms and showers are downstairs of the Vuokatti Arena at the ice level. There is a total of 4 changing rooms for figure skaters, two for the girls and two for the boys.

**Catering**

For the athletes and other team members Vuokatti Arena has its own catering service in the changing room corridor where you can find small snacks and drinks. Remember to bring the EYOF refillable bottle and use it instead of a disposable bottle. The tap water is drinkable in Finland.

**WhatsApp group**

A communication group has been created for sharing last minute information.
**competition organisation**

Ice Hockey Manager  
Eino Kiiveri eino.kiiveri@gmail.com

Chief of Competition  
Teemu Vanhala teemu.vanhala@finhockey.fi  +358 (0)50 301 9189

Result Manager  
Kati Kananen kati.kananen@tutka.net  +358 (0)40 867 4075

**competition jury**

IIHF Technical Advisor  
Zsuzsanna Kolbenheyer (HUN)

**venue**

Kajaani Ice Hall  
Address: Kuntokatu 13, 87100 Kajaani, Finland

GPS: 64 12’ 45” N, 27 42’ 56” E

Distance from Vuokatti: 35 km (30 min by bus)

Kajaani Ice Halls are located in the Vimpeli Valley’s Sport Centre, in Kajaani. The size of the rink is 29x60 m and meets the international standards to host ice hockey. The ice hall is the home venue of Kajaanin Hokki, an Ice Hockey team which plays in the 2nd Division of the Finnish Ice Hockey League.

Size of the rinks: competition hall 29x60 m, training hall 26x56 m

Seating capacity: competition hall 1200, training hall 250 (standing)

Locker rooms: competition hall 5, training hall 4

**services at Kajaani ice halls**

The hall has a Guest lounge and cafe facilities.
## Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3</td>
<td>09:45 - 10:45</td>
<td>Training Russia</td>
</tr>
<tr>
<td></td>
<td>11:00 - 12:00</td>
<td>Training Finland</td>
</tr>
<tr>
<td></td>
<td>12:15 - 13:15</td>
<td>Training Switzerland</td>
</tr>
<tr>
<td></td>
<td>13:30 - 14:30</td>
<td>Training Slovakia</td>
</tr>
<tr>
<td></td>
<td>14:45 - 15:45</td>
<td>Training Czech Republic</td>
</tr>
<tr>
<td></td>
<td>16:00 - 17:00</td>
<td>Training Sweden</td>
</tr>
<tr>
<td>Monday 21.3</td>
<td>09:00 - 09:30</td>
<td>Training Russia</td>
</tr>
<tr>
<td></td>
<td>08:45 - 09:15</td>
<td>Training Switzerland</td>
</tr>
<tr>
<td></td>
<td>11:00 - 12:00</td>
<td>Training Czech Republic - in Rink 2!</td>
</tr>
<tr>
<td></td>
<td>12:15 - 13:15</td>
<td>Training Sweden - in Rink 2!</td>
</tr>
<tr>
<td></td>
<td>12:30</td>
<td>Game 1: Slovakia - Finland</td>
</tr>
<tr>
<td></td>
<td>18:30</td>
<td>Game 2: Switzerland - Russia</td>
</tr>
<tr>
<td>Tuesday 22.3</td>
<td>08:00 - 08:30</td>
<td>Training Switzerland</td>
</tr>
<tr>
<td></td>
<td>08:45 - 09:15</td>
<td>Training Czech Republic</td>
</tr>
<tr>
<td></td>
<td>09:30 - 10:00</td>
<td>Training Slovakia</td>
</tr>
<tr>
<td></td>
<td>10:15 - 10:45</td>
<td>Training Sweden</td>
</tr>
<tr>
<td></td>
<td>11:00 - 12:00</td>
<td>Training Russia</td>
</tr>
<tr>
<td></td>
<td>15:00</td>
<td>Game 3: Czech Republic - Switzerland</td>
</tr>
<tr>
<td></td>
<td>16:30</td>
<td>Game 4: Sweden - Slovakia</td>
</tr>
<tr>
<td>Wednesday 23.3</td>
<td>08:45 - 09:15</td>
<td>Training Russia</td>
</tr>
<tr>
<td></td>
<td>09:30 - 10:00</td>
<td>Training Sweden</td>
</tr>
<tr>
<td></td>
<td>10:15 - 10:45</td>
<td>Training Finland</td>
</tr>
<tr>
<td></td>
<td>11:00 - 12:00</td>
<td>Training Switzerland</td>
</tr>
<tr>
<td></td>
<td>12:15 - 13:15</td>
<td>Training Slovakia</td>
</tr>
<tr>
<td></td>
<td>15:00</td>
<td>Game 5: Russia - Czech Republic</td>
</tr>
<tr>
<td></td>
<td>18:30</td>
<td>Game 6: Finland - Sweden</td>
</tr>
<tr>
<td>Thursday 24.3</td>
<td>08:00 - 08:30</td>
<td>Training 5/6 guest</td>
</tr>
<tr>
<td></td>
<td>08:45 - 09:15</td>
<td>Training 5/6 home</td>
</tr>
<tr>
<td></td>
<td>09:30 - 10:00</td>
<td>Training BMG guest</td>
</tr>
<tr>
<td></td>
<td>10:15 - 10:45</td>
<td>Training BMG home</td>
</tr>
<tr>
<td></td>
<td>11:00 - 12:00</td>
<td>Training Final guest</td>
</tr>
<tr>
<td></td>
<td>15:00</td>
<td>5th place game</td>
</tr>
<tr>
<td></td>
<td>18:30</td>
<td>Bronze Medal Game</td>
</tr>
<tr>
<td>Friday 25.3</td>
<td>07:30 - 08:00</td>
<td>Training Final guest</td>
</tr>
<tr>
<td></td>
<td>08:15 - 08:45</td>
<td>Training Final home</td>
</tr>
<tr>
<td></td>
<td>13:00</td>
<td>Final</td>
</tr>
</tbody>
</table>

### WhatsApp group

A communication group has been created for sharing last minute information.
**Sport Information**

**Participants**

Age categories
Girls: born in 2005 and 2006

**Quotas**

18 Players, 2 Goalkeepers, 8 Team Officials

**Participating teams**

Group A: RUS, CZE, SUI
Group B: FIN, SWE, SVK

**Conditions of Participation**

Each player must be nominated by the National Olympic Committee and meet the age category established for EYOF 2022 Vuokatti.

**Competition Information**

**Playing time**

A regular game consists of three 20-minute regulation time periods, and two 15-minute breaks. The teams will change ends after each period.

**Overtime procedure**

No more than 5 minutes overtime after three-minute intermission. BMG (Bronze medal game): no more than 10 minutes overtime after three-minute intermission. GMG (Gold medal game): no more than 20 minutes overtime after 15 minutes intermission.

Teams will not change ends. The overtime period shall be played with three skaters and one goaltender, with the exception of bronze medal game, and gold medal game, that shall be played with four skaters and one goaltender.

**Game winning shots procedure**

If no goal is scored in the overtime period, then the Game Winning Shots procedure will apply. The following procedure will be utilized:

- Five different shooters from each team will take alternate shots until a decisive goal is scored
- If the game is still tied after five shots by each team, the GWS will continue with a tie-break shoot out by one player of each team, with a reversed shooting order.
- The same, or new players can take the tie-break shots. The same player can also be used for each shot by a team in the tie-break shoot-out.
- Only the decisive goal will count in the result of the game

**Group standings regulations**

- Higher number of points
- Direct game result
- Better goal difference
- Higher number of goals scored for
- Better seeding number coming into the EYOF

**Penalties**

If a player receives a match penalty or second game misconduct, he is automatically suspended from the next game of the tournament.
Classification

- 3 points for the winning team at the conclusion of regulation time.
- 1 point for both teams at the conclusion of regulation time if the game is tied.
- An additional point earned for the team winning the game in a 5-minute overtime period or the Penalty-Shot Shootout Procedure.
- 0 points for the team losing the game in regulation time.

Equipment Control

The control of the players and goalkeeper’s equipment will follow the IIHF rules for 2021/2022 season.

Locker room numbers

<table>
<thead>
<tr>
<th>Competition Arena</th>
<th>Training Arena</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIN 6</td>
<td>SVK 1</td>
</tr>
<tr>
<td>RUS 5</td>
<td>SUI 3</td>
</tr>
<tr>
<td>CZE 1</td>
<td></td>
</tr>
<tr>
<td>SWE 2</td>
<td></td>
</tr>
</tbody>
</table>

Jerseys

The teams must bring their own jerseys, which must be without advertising. Two sets with different colors (bright and dark). The home team bench is always the bench on the right side when viewed from the players’ benches. Teams will send the color of their home jersey to NOC Services at nocservices@eyof2022.fi by 12.3.2022.

Laundry service

It is possible for teams outfits and towels to be washed after practice and games. There is a separate laundry room on the ground floor of the ice rink, to which the team must deliver the accessories to the laundry by the announced time. Washed accessories will also be delivered to the laundry room on schedule. The announced schedule will be delivered to the team’s locker rooms. The player must tie the washable accessories together with a clothesline before leaving for washing. Players will be provided with shower towels once a day. Used towels must be delivered to the laundry room after the last game or training of the day. Clean towels are delivered each morning to the teams’ locker rooms.

Referees

The three-man system will be applied. Times for “pre-game warm-up” will be every day according to the schedule.

Entry Tickets

Tickets to the games are sold at the venue. Each team will be provided with 10 free tickets for their own games, which can be picked up from the competition office. Please let the competition office know if you do not wish to use these tickets.

Team Captains’ Meetings

Team Captains’ Meetings will be held in a Sokos Hotel meeting room at 17.00 on Sunday and at 21.00 on Wednesday. Additional meetings (if necessary) will be communicated to the participants in the first TCM or via WhatsApp.

Team Hosts

Each NOC will be provided with a trained Team Host in addition to their NOC Assistants to ensure game and training operations run smoothly at the venue.

Goal songs

Each NOC must provide the OC with their Goal Song. Please send this to nocservices@eyof2022.fi by 12.3.2022 or confirm the use of same song as in the Boys’ Ice Hockey in December.

Medical services and First Aid

There will be a doctor on site as well as 1-2 First Aid groups in each game.
Competition Organisations

**Ski Jumping / Nordic Combined Ski Jumping**

- **Competition manager, SJ/NC**: Tami Kiuru
- **Chief of Competition, SJ**: Janne Tervahartiala +358 (0)45 123 5525
- **Secretary of Competition, SJ**: Riikka Tervahartiala +358 (0)50 411 1370
- **Chief of Competition, NC**: Vesa Koppinen +358 (0)40 589 9259
- **Secretary of Competition, NC**: Riikka Tervahartiala +358 (0)50 411 1370
- **Chief of Hill (City of Lahti)**: Jukka Kettunen +358 (0)50 518 4458
- **Chief of SJ/NC Service area**: Jouni Forsström +358 (0)400 95 4011
- **Chief of SJ First Aid Crew**: Pasi Rosendahl +358 (0)50 351 3575

**Nordic Combined Cross Country**

- **Competition manager**: Tami Kiuru
- **Chief of Competition**: Vesa Koppinen +358 (0)40 589 9259
- **Secretary of Competition**: TBA
- **Chief of Course**: Juha Hyvönen +358 (0)40 524 7999

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**NORDIC COMBINED & SKI JUMPING**

**Journey Map**

- Jumping hills
- Service area
- Info center
- Ski Jumping stands
- Restaurant Voitto
- Ski Museum
- Karpalo Ski Jumping hills
- Great Hall Indoor Sports
- Ice Hall Parking
- City Center
- Great Stand
- First Aid
- Grand Stand
- Cross Country stadium
- Cross Country
- Ski Jumping
- Road to Jumping Hills
- Address: Suurmäentie
- Ice Hall Parking

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**44 | EYOF 2022 TECHNICAL MANUAL**
Important emails

Competition Manager Tami Kiuru tami.kiuru@lahtiskigames.com
Executive Director of Lahti Ski Club Janne Marvaila janne.marvaila@lhs.fi
Competition Office, Pajulahti Laura Kittelä events@pajulahti.com
Venue Manager, City of Lahti Jarkko Laine jarkko.laine@lahti.fi
Maintenance Stadium, City of Lahti Arto Manninen arto.manninen@lahti.fi
Chief of Transport Antti Mäkinen antti.p.makinen@gmail.com
General email to QC Lahti eyof@lhs.fi

Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>00.00</td>
<td>No hill training</td>
</tr>
<tr>
<td></td>
<td>20.00</td>
<td>Opening Ceremony live stream from Vuokatti</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>14.00</td>
<td>Nordic Combined TCM at Stadium</td>
</tr>
<tr>
<td></td>
<td>15.00</td>
<td>Nordic Combined HS 100 Official training (Boys/Girls), 2 rounds</td>
</tr>
<tr>
<td></td>
<td>18.00</td>
<td>Nordic Combined Official Cross Country (Boys/Girls)</td>
</tr>
<tr>
<td></td>
<td>20.00</td>
<td>Ski Jumping TCM at Pajulahti</td>
</tr>
<tr>
<td>Tuesday 22.3.2022</td>
<td>09.00</td>
<td>Official training HS 100, Ski Jumping (Boys/Girls), 2 rounds</td>
</tr>
<tr>
<td></td>
<td>10.00</td>
<td>Nordic Combined Ski Jumping HS100, Boys</td>
</tr>
<tr>
<td></td>
<td>12.30</td>
<td>Nordic Combined Individual Gundersen Cross-Country, Boys</td>
</tr>
<tr>
<td></td>
<td>15.30</td>
<td>Ski Jumping HS100, Trial Round, Boys</td>
</tr>
<tr>
<td></td>
<td>16.30</td>
<td>Ski Jumping HS100, Boys</td>
</tr>
<tr>
<td></td>
<td>20.30</td>
<td>Victory Ceremony at Pajulahti (Tue-Wed)</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>09.00</td>
<td>Nordic Combined Ski Jumping HS100, Trial round, Boys</td>
</tr>
<tr>
<td></td>
<td>10.00</td>
<td>Nordic Combined Ski Jumping HS100, Boys</td>
</tr>
<tr>
<td></td>
<td>12.30</td>
<td>Nordic Combined Individual Gundersen Cross Country, Boys</td>
</tr>
<tr>
<td></td>
<td>15.30</td>
<td>Ski Jumping HS100, Trial Round, Girls</td>
</tr>
<tr>
<td>Thursday 24.3.2022</td>
<td>09.00</td>
<td>Ski Jumping HS 100, Trial Round, Girls</td>
</tr>
<tr>
<td></td>
<td>10.00</td>
<td>Ski Jumping HS 100, Boys</td>
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<tr>
<td></td>
<td>16.00</td>
<td>Ski Jumping Team HS100, Trial round, Boys</td>
</tr>
<tr>
<td></td>
<td>17.00</td>
<td>Ski Jumping Team HS100, Boys</td>
</tr>
<tr>
<td></td>
<td>20.30</td>
<td>Victory Ceremony at Pajulahti (Thu)</td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>09.00</td>
<td>Ski Jumping HS 100, Mixed Team, Trial Round</td>
</tr>
<tr>
<td></td>
<td>10.00</td>
<td>Nordic Combined Ski Jumping HS 100, Mixed Team, Trial Round</td>
</tr>
<tr>
<td></td>
<td>13.00</td>
<td>Nordic Combined Gundersen Cross Country, Mixed team</td>
</tr>
<tr>
<td></td>
<td>16.00</td>
<td>Nordic Combined Gundersen Cross Country, Mixed team</td>
</tr>
<tr>
<td></td>
<td>19.00</td>
<td>Victory Ceremony right after the Closing Ceremony</td>
</tr>
</tbody>
</table>

Venue
Lahti Sports Centre
Address: Salpausselänkatu 8, Lahti
Distance from Vuokatti: 475 km

Sport Information
Age Categories
Nordic Combined: Boys and Girls 2003-2005
Ski Jumping: Boys and Girls 2003-2005

**Quotas**
Nordic Combined: 4 Girls, 4 Boys, 4 Team Officials
Ski Jumping: 4 Girls, 4 Boys, 4 Team Officials

**Conditions of participation**
Only athletes nominated by their National Olympic Committee and valid FIS code are allowed to participate.

**Team Captains’ Meetings**
Nordic Combined TCM on Sunday 20.3. in the evening. Ski Jumping TCM on Monday 21.3. at 20.00. Meetings will be held at Päijäntie Olympic Training Center. Additional TCMs will be informed at first TCM.

**Info Center Ski Jumping**
The Info Center for Ski Jumping events is located next to the base of the HS130 hill at Service Area. All relevant training and competition related information is available in the Info Center. In addition, bibs for Ski Jumping and Nordic Combined Ski Jumping are available in Info center.

**Main Service Building Cross Country**
Address: Suurmäenkatu 4, 15900 Lahti

Keys to the Wax Cabins, as well as the starting lists and results, can be collected at the Service Area Office. In case of any problems or requests, please contact the Service Area Office: phone +358 50 551 4467. Cross Country Service Area Office opening hours will be informed later. The Wax Cabins for teams and ski suppliers (SRS) are located on the field next to the Service Area Building.
Courses
Cross Country Skiing courses used in the competition are indicated on the course maps. Competition courses are marked with banners, ribbons and boards at the crossings.

Warm up track
See maps at the Service Area Office.

Start/Finish Area
Basic instructions for teams to go to the Start/Finish Area: from the Service Area walk down the hill to the Cross Country Stadium, thru the tunnel to warm up area.

Bibs and transponders
The warmup bibs of Nordic Combined Skiing can be picked up in the Competition Office. On the way to start, athlete changes warm up bib for the competition bib before transponder installation. The bibs of Nordic Combined Skiing are available in Competition Office (Grandstand Building, ground floor) 30 minutes before the start.

Transponders are available in the immediate vicinity of the start area on the way to the start. On arrival to the transponder distribution point the competitor must wear the competition bib and take the transponder from the rack and attach the transponder themself.

Weather reports service
Info Board for Weather in Competition Office and Service Areas will show the air and snow temperature. Measurements are taken at the Stadium and along the course at the highest and lowest points. The measurements are taken every half an hour from two hours before the first competitor starts. The last measurement is taken one hour after the start of the first competitor. Weather service is also available by WhatsApp group. Leave your number to the Service Area Office.

Services at the venues
There are two restaurants in close vicinity of the jumping hill. Showers and lockers also available for the athletes. Service point for refreshments is located at Start/Finish Area in the Cross Country Stadium.

There will a snack point at hill area for the teams. No lunch is served at the stadium, because all teams have full board service at Pajulahti. All tab water in Finland is drinkable, please use your water bottles provided by the organizers.

Team service facilities
Address: Suurmäenkatu 4, 15900 Lahti, Finland

Team service facilities are located beneath/next to the HS130 hill close to both Team Area and Info Center. Each team is provided a Wax Cabin with lockable doors in containers. Info Center will provide keys and information on your waxing facilities.

Team parking is located at the field next to the service area.

During training and competition, the competitors must go back to the hill by chair lift. During competitions the competitors must come to the Athletes’ Lounge without delay after the first round, so that second round can start as scheduled. The jumping order for the second round can be seen at the Athletes’ Lounge. The break between first and final round is about 15 minutes.

During competition only members of the Jury have access inside the Judges Tower. For others, entry is strictly prohibited.
Competition Organisation

Short Track Manager  Maria Kärkkäinen  maria.karkkainen@sotkamo.fi  +358 (0)44 750 2328
Short Track Vice Manager  Tea Tissari  ttissari@hotmail.com  +358 (0)442 311 399
Chief of competition  Ossi Pulkkinen  ossi.pulkkinen@sotkamo.fi  +358 (0)44 750 2121
Vice Chief of competition  Samuli Moisander  samuli.moisander@live.com  +358 (0)40 754 2027

Competition Committee

Chief of Competition  Ossi Pulkkinen
Technical Director  Hermann Filipic (AUT)

Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>9.00-16.00</td>
<td>Official Training</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>8.30-9.00</td>
<td>Warm-up</td>
</tr>
<tr>
<td></td>
<td>9.35</td>
<td>1500 m Heats</td>
</tr>
<tr>
<td></td>
<td>12.20</td>
<td>3000 m Mixed Relay</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>8.30-9.00</td>
<td>Warm-up</td>
</tr>
<tr>
<td></td>
<td>9.36</td>
<td>500 m</td>
</tr>
<tr>
<td></td>
<td>12.11</td>
<td>3000 m Semis Mixed Relay</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td></td>
<td></td>
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<tr>
<td>Thursday 24.3.</td>
<td></td>
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</tr>
<tr>
<td>Friday 25.3.</td>
<td>8.00-9.00</td>
<td>Free Skating</td>
</tr>
<tr>
<td></td>
<td>10.00-10.50</td>
<td>Warm-up</td>
</tr>
<tr>
<td></td>
<td>11.05</td>
<td>1000 m Finals</td>
</tr>
<tr>
<td></td>
<td>14.13</td>
<td>3000 m Mixed Relay</td>
</tr>
<tr>
<td></td>
<td>14.13</td>
<td>3000 m Mixed Relay</td>
</tr>
</tbody>
</table>

Venue

Vuokatti Arena
Address: Opistontie 1, 88610 Vuokatti
GPS: 64.1393492 28.2864352
The Short Track Competition at the EYOF 2022 will take place at Vuokatti Arena. Main rink 30 m x 60 m with Short Track padding is an indoor and heated ice rink. Vuokatti Arena is situated in the Athletes’ Village.

Services at Vuokatti Arena
In addition to the ice rink, the Vuokatti Arena is a multi-purpose hall. The Main Event Restaurant is built in the Arena during the event, and the teams also have access to gym, warm-up spaces and swimming pool. During the event the swimming pool and gym will be open for regular customers.

Parking
During the event week parking is forbidden at the front area of the Arena. The parking area in front of the Vuokatti Ski Service is reserved for regular customers of the Arena, for example users of the swimming pool. Those coming to watch the EYOF event should park their cars near the Waxing Hall or Sokos Hotel Vuokatti.

Sport Information
The competition will be conducted in accordance with the 2021 ISU Regulations and relevant Communications.
Disciplines
Girls / Boys
- 500 m (individual)
- 1000 m (individual)
- 1500 m (individual)
- 3000 m Mixed Gender Relay (2 Girls & 2 Boys from the same NOC)

Age categories
Athletes must be born between 01.07.2004 - 30.06.2006.

Quotas
2 Girls, 2 Boys, 2 Team Officials

Competition office
There is no separate Competition office but NOCs will be given all the needed information from the Sport Info Desk located in the Athletes’ Village. Please see "Sport Info Desk (SID)" on page 12 for more information.

Medical Services and First Aid
On-site medical services will be provided during the training and competition days in accordance with ISU Rule 140.

Medical Insurance
Each athlete is responsible to ensure their own medical and accident insurance. Proof of insurance may be requested by the organizing committee. For further information see ISU Rule 119.

Liability
In accordance with Rule 119 of the ISU General Regulations, the Organizing Committee assumes no responsibility for, or liability with respect to bodily or personal injury or property damage incurred in connection with the EYOF 2022 Vuokatti Short Track event. Each NOC is solely responsible for providing insurance coverage thereto.
Medical Meeting

Medical Meeting at the Ice rink before the start of the Official training on Sunday from 08.00 - 08.45.

Services for the Teams

Changing Rooms & Showers

Changing rooms and showers are downstairs in the Vuokatti Arena, on the same level as the ice rink. For athletes there are a total of 4 changing rooms, two for girls, and two for boys.

Catering

For the athletes and other group members, Vuokatti Arena has its own catering service in the changing room corridor, which offers small snacks and drinks. Remember to bring the EYOF refillable bottle and use it instead of a disposable cutlery.

WhatsApp group

A communication group has been created for sharing last minute information.

Competition Information

Entries

Each competitor must meet the age category and may be entered in the individual events (500 m, 1000 m, and 1500 m). NOCs entering participants must submit with the entry the best season time over 500 m, 1000 m and 1500 m for the makeup of the first round of each of the related distances achieved by each Competitor in the current season 2021/2022.

All entries/ times must be submitted in the RAS.

Mixed Gender Relay and Conditions of Contest

The Mixed Gender Relay teams are composed of two girls and two boys from the same NOCs. No substitutes are allowed.

For Mixed Gender Relay, the seeding list will be based on a 1000 m - best season - time ranking (the submitted 1000 m - times of the team will be added).

The sequence of skating in the relay teams shall be Lady, Man, Lady, Man. This order shall apply to all teams and cannot be changed unless a fall has occurred. All other racing rules defined in ISU Regulations 2021 (Rule 297 1, 2, 3 a-i, 4) will apply.

Official Programme and Qualifying Schedule

The distances will be: 500, 1000 and 1500 meters individual. Relay races over 3000 meters.

On all distances individual and relay there will be two (2) Finals, A and B. Based upon the number of entries the Competitors Steward confirms the qualifying schedule following the instructions of the Technical Delegate.

Winner(s) and Medals

The medals of 500/1000/1500 meters individual and 3000 meters Mixed Gender Relay will be awarded to the Skater(s)/Team(s) in accordance with ISU Rule 295 6. (Distance Classification following the Qualification Schedule: Final A, Final B, Semi-Finalists, Quarter-Finalists, etc.).
Track Conditions

The Vuokatti Arena Ice Rink has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2365. The standard track will be laid out 111.12 meters to the lap.

Team Captains Meeting

Sunday 20.3.2022 at 17:00 in a Sokos Hotel Vuokatti meeting room (exact location will be communicated later).
Competition Organisation
Snowboard manager    Simo Suopanki  simo.suopanki@fsa.fi
Chief of Competition  Ville Puominen
Chief of judges       Bartek Bilkiewicz (POL)
Chief of the Venue    Lauri Suutarinen
Chief of the course   Priidik Vesi (EST)

Competition Jury
Chief of Competition  Ville Puominen
FIS Technical Delegate Lukasz Ligocki (POL)
Head Judge           Bartek Bilkiewicz (POL)

Official Programme

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 20.3.</td>
<td>10.00-11.45</td>
<td>Training Girls</td>
</tr>
<tr>
<td></td>
<td>12.00-14.00</td>
<td>Training Boys</td>
</tr>
<tr>
<td></td>
<td>16.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Monday 21.3.</td>
<td>10.00-12.00</td>
<td>Training Boys</td>
</tr>
<tr>
<td></td>
<td>12.15-14.00</td>
<td>Training Girls</td>
</tr>
<tr>
<td></td>
<td>17.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Tuesday 22.3.</td>
<td>9.30-12.30</td>
<td>Big Air Qualification Girls</td>
</tr>
<tr>
<td></td>
<td>12.30-16.00</td>
<td>Big Air Qualification Boys</td>
</tr>
<tr>
<td></td>
<td>17.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Wednesday 23.3.</td>
<td>9.30-13.00</td>
<td>Slopestyle Qualification Girls</td>
</tr>
<tr>
<td></td>
<td>17.15-19.15</td>
<td>Big Air Finals Boys and Girls</td>
</tr>
<tr>
<td></td>
<td>21.15</td>
<td>TCM</td>
</tr>
<tr>
<td>Thursday 24.3.</td>
<td>9.30-14.00</td>
<td>Slopestyle Qualification Boys</td>
</tr>
<tr>
<td></td>
<td>17.00</td>
<td>TCM</td>
</tr>
<tr>
<td>Friday 25.3.</td>
<td>10.00-13.00</td>
<td>Slopestyle Finals Girls and Boys</td>
</tr>
</tbody>
</table>

Venue
Vuokatinrinteet / Vuokatti Ski Resort
GPS: GPS: 64°07'48.7"N 28°16'14.2"E
Distance from Vuokatti Sport: Walking distance 0,7 km, Driving distance 1,8 km
Elevation: 174m

Parking
Parking P2 is located at Vuokatti Ski Resort main parking area, address: Veikontie 3. NOCs can use the Parking area at Vuokatti Ski Resort where an appropriate number of places will be reserved for the EYOF organisation and NOCs.

Sport Information
Disciplines
Big Air (BA)
Slopestyle (SS)
Age categories
Boys and Girls born in 2004-2005

Quotas
4 Girls, 4 Boys, 4 Team officials

Competition regulations

Conditions of participation
Each athlete must have a national license and be nominated by the NOC, have a valid FIS code and meet the age category.

Equipment control
According to FIS Rules.

Team Captains meetings
All Team Captain Meetings will take place at the Sokos Hotel
• Sunday 16.00
• Monday 17.00
• Tuesday 17.00
• Wednesday 21:15 – 22:15 after Victory Ceremony
• Thursday 17.00

Competition office
Sport Info Desk in the NOC Service Centre. Please see "Sport Info Desk (SID)" on page 12.
Bibs
At the Team Captain Meeting one day prior to the competition, or training. Or will be handed over every day before competitions in the Competition office.

Snowboard storage / Waxing
There will be storage / Wax Cabins available for participating NOC teams at the Vuokatti Ski Resort. The team area will be guarded at all times, by a professional security agency. The Wax Cabins operate 24 hours a day. Access is only allowed for people with valid credentials. No waxing tables or any other storage facilities are provided within the team cabins. It is prohibited to put any nails and/or screws into the walls, floor or ceiling of the cabins. Any damage caused to the cabins will be deducted from the deposit paid by NOCs before their arrival.

Ski Passes
Please refer to the “Ski Passes” on page 17 for more information.

WhatsApp group
A communication group has been created for sharing last minute information.
Competition Information

Big Air Format
- In accordance with the current FIS Rules, Qualification: 2 runs, best run counts. 2 heats girls, and 2 heats boys. To finals: Top 4 girls, and Top 5 boys from each heat.
- Finals: 3 runs. The sum of the best 2 runs counts. Different tricks: frontside/backside/cab/switch etc.

Slopestyle Format
- Qualification: 2 runs, best run counts. 2 heats girls, and 2 heats boys. To finals: Top 4 girls, and Top 5 boys from each heat.
- Finals: 3 runs, best run counts.

Other Information
The ski lifts at the Snowboard Venue can be used by athletes and coaches with a ski pass and valid credentials.

How to get to the start
Team parking will be located at Vuokatti Ski Resort. Take the North side chair lift. The Start Area is on the right, next to the top station.

Medical services
Medical staff: Emergency doctor, Paramedics and Ski Patrol with sled transportation. An ambulance will be available at the venue.
RULES FOR THE PARALLEL MIXED TEAM AT THE EYOF 2022

1. Type of Event
   - The race will be conducted as a parallel (PSL) event using GS gates and panels.
   - In PSL: the distance from turning pole to turning pole according to ICR (art. 801.2.3) and Slalom Specifications for Alpine Competition Equipment are valid.
   - The minimum vertical drop of the competition course should be 50 m and the minimum length should be 160m.

2. Eligibility of the Teams
   - The teams will be ranked in accordance with the sum of each entered competitor's PWSL (parallel world seeding list, rank). The calculation will be made adding the PWSL ranks of the 4 (2 women and 2 men) entered racers for the Parallel Mixed Team Event. The nation with the lowest result will be ranked as first. In case of an ex aequo NSA with the best 4 SL ranks added, the nation is first on the board.
   - The total team size per nation is limited to a maximum of 4 competitors; 2 women and 2 men.
   - The entries for the Mixed Team Parallel with names must be within 24 hours before the scheduled start of the team event.
   - A competitor can only start a run once.

3. Seeding of the Teams
   - 16 Nations will form 8 heats.
   - Bracket list will be arranged as follows:
     - Heat 1: Nation 1-16
     - Heat 2: Nation 8-9
     - Heat 3: Nation 5-12
     - Heat 4: Nation 4-13
     - Heat 5: Nation 3-14
     - Heat 6: Nation 6-11
     - Heat 7: Nation 7-10
     - Heat 8: Nation 2-15
   - The best nation ranked according to the PWSL calculation will receive bib number 1 and the last nation will receive bib number 16.
   - Women will race in bibs with odd numbers (1 and 3), men in bibs with even numbers (2 and 4).
   - The lower bib (nation) will start with racer W1 on the red course.

4. Running the Competition
   - Each individual leg between two opponents consists of one run.
   - The start order will be as follows:
     - “Course Red” Nation 1 W1 against “Course Blue” Nation 16 W1
“Course Blue” Nation 1 M2 against “Course Red” Nation 16 M2
“Course Blue” Nation 1 W3 against “Course Red” Nation 16 W3
“Course Red” Nation 1 M4 against “Course Blue” Nation 16 M4

The blue course will be located on the skier’s right.
The starting order cannot be changed from one heat to the next heat.

5. Points Scoring
➢ The winner of each individual leg scores 1 point for his/her nation.
➢ In case of a tie of an individual leg, both nations are awarded 1 point.
➢ If there is a tie at the end of the heat (example 2:2) the nation with the lowest combined time of the best individual woman and the best individual man (or second best combined time in case of a tie for the best time) will win the heat. If teams cannot be separated by combined times, the team with the fastest single time is the winner. If there is still a tie, the nation with the lowest starting bib, will be the winner.
➢ If both competitors fail to finish (DNF), the competitor who successfully skied the furthest distance correctly will be the leg winner.
➢ The Jury makes the decisions in all questions not clarified by the rules.

6. Reasons for disqualifications (immediate and without protest)
➢ stepping back
➢ changing from one course to another interfering with the opponent, voluntarily or not
➢ not passing through a gate correctly (ICR art. 629.3 and 661.4.2)
## LIST OF RIFLES

To be returned by 28.2.2022 to NOC Services
E-mail: nocservices@eyof2022.fi

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